



YSF Barracudas Sizzler

Friday, February 9th, 2018

YMCA of South Florida - Weston Family Center
20201 Saddle Club Rd. Weston FL 33327



Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc. Sanction #FGS020918YSF-B-06

Observed by: USA Swimming, Florida Gold Coast Swimming Inc., and YMCA Swimming.

Host: YMCA of South Florida
YSF Barracudas Swim Team

Location: YMCA Weston Family Center, Regional Park, Weston, FL
20201 Saddle Club Rd. Weston FL 33327

Directions: **From the North:** Travel south on FL-869/Sawgrass Exwy (Partial toll road), Merge onto I-75 N toward Naples, take exit 21 to merge onto FL-84 W toward Indian Trace, turn left onto Indian Trace to Saddle Club Rd in Weston, turn right onto Saddle Club Rd towards Weston Regional Park, At the traffic circle, take the 1st exit. Pool complex in on the right
From the South: Travel north on I-75, take exit 13B for Griffin Rd W, turn right onto Bonaventure Blvd., turn left onto South Post Rd. toward Weston Regional Park, at the traffic circle, take the 2nd exit. Pool complex in on the right
From the East: Travel I-595 W toward Weston, and merge onto I-75 N, take exit 21 to merge onto FL-84 W toward Indian Trace, turn left onto Indian Trace to Saddle Club Rd in Weston, turn right onto Saddle Club Rd towards Weston Regional Park, At the traffic circle, take the 1st exit. Pool complex in on the right.

Time:

Session	Date	Warm-up	Meet Start
1	Friday, February 9 th	5:00 PM	5:30 PM

**All events are timed finals. Meet director reserves the right to change meet times (warm-up and start) to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.*

Rules: Current USA Swimming Rules and Florida Gold Coast rules will govern this meet. In granting this approval it is understood and agreed that USA Swimming, Florida Gold Coast, and YMCA shall be free and held harmless from any liabilities or claims from damages arising because of injuries to anyone during the conduct of the event. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect, except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited, Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the vice President of Program Operations.



YSF Barracudas Sizzler

Friday, February 9th, 2018

YMCA of South Florida - Weston Family Center
20201 Saddle Club Rd. Weston FL 33327



- Camera Free:** The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.
- Disability Athletes:** Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations – coach John Spire at (954) 557-8177 or via email at jspire@ymcasouthflorida.org
- Eligibility:** Open to all current 2017 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Swimmers who are not registered with USA Swimming by 6:00pm Thursday Sep. 14, 2017 will not be seeded. Such swimmers who subsequently become USA Swimming registered will be permitted to deck enter open lanes with proof of registration in accordance with the FGC deck entry policy. The Meet Host **WILL NOT** be accepting new or renewing USA Swimming registrations at the meet.
- Pool/Timing:** 25 Yard x 50 meter heated outdoor pool, 8 SCY racing lanes with separate warm-up and swim-down lanes available. The competition course has been certified in accordance with 104.2.2 (C). Fly-over starts will possibly be used. Water depth at competition start end of pool varies from 6'7" to 8'6" depending on lane assignment, in accordance with 202.3.7©. Omega® Quantum 6 Timing System and pads will be used.
- Meet Committee:** A meet committee will be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.
- Entry Rules:** The eligibility of a swimmer will be determined by his or her age on the date of session I. Rules from the current USA Swimming Technical Rules will be in effect.
- Seeding:** Will be seeded in SCY by age groups. All sessions will be held as Timed Finals. ALL events will be swum SLOWEST to FASTEST.
- Entry Limit:** **5 combined events.** 4 individual events and the relay.
- Awards (Ribbons):** Individual Events: 1st-8th place Relay Event: 1st place
- Entry deadline:** **Wednesday, January 31, 2018 by 11:59 p.m.**
Entries must be submitted electronically to webmaster@ysfbarracudas.com in HyHTek Team Manager Software file format. The meet management reserves the right to eliminate events and return entries whose inclusion would prolong the meet beyond the 4-hour requirement (Rule 205.3.1F), or a maximum of 350 swimmers.



YSF Barracudas Sizzler

Friday, February 9th, 2018

YMCA of South Florida - Weston Family Center
20201 Saddle Club Rd. Weston FL 33327



Entry Fees: \$10.00 Flat fee per swimmer

Entry fees payable to "YMCA of South Florida" (**note: one check per team**).

Deliver payment on hand, or mail check to:

YMCA Weston Family Center

Attn: Coach Spire

20201 Saddle Club Rd.,

Weston FL 33327.

Admission: Admission: \$3.00 Heat sheets: \$2.00

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

Warm-Ups: Because of the large number of injuries occurring across the country during warm-ups, no diving into the pool will be allowed during the warm-up period except in the designated sprint lanes. We ask that you inform your swimmers of this rule and ask them to fully cooperate with the officials and meet marshal in charge of the area.

Deck Entries: Deck entries will be accepted the day of the meet with proof of USA Swimming membership until 30 minutes prior to the start of the meet. Deck entered swimmers will be entered in selected events in open lanes only, first come-first served. Deck entry fees are **DOUBLE** the entry fee: **\$20.00. Cash only.**

Meet Policy: Entry to the facility will be through the side entrance of the pool NOT the main entrance of the Weston YMCA family center. Locker rooms are available for the swimmers and families attending the event and we ask that you please not enter the main facility during the meet if you are not a register member of the YMCA of South Florida. This is a non-smoking event and anyone found smoking in the venue will be asked to leave immediately.

Deck Change: Changing, in part or whole, into or out of a swimsuit (excluding a drag suit) is an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition or other pool-related activity.

Image Authorization: All participants agree to be filmed and photographed by the official photographer(s) and networks(s) of YMCA of South Florida, Florida Gold Coast swimming, and USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions within USA Swimming and YMCA of south Florida.



YSF Barracudas Sizzler

Friday, February 9th, 2018

YMCA of South Florida - Weston Family Center
20201 Saddle Club Rd. Weston FL 33327



- Services:** Food and drinks will be available for purchase throughout the meet.
- Hospitality:** Refreshments and hospitality for coaches / officials / volunteers will be available.
- Officials:** If you know that you will be attending this meet and will be available to officiate, please email the meet director, Rodolfo Manrique, and let him know you want to officiate, your level of certification and team. This is for pre-meet planning purposes only. All officials are welcome to work. Check in at the Starter's tent 30 minutes before the start of the session.
- Meet Director:** John Spire (jspire@ymcasouthflorida.org) (954) 557-8177
Meet Referee: Kathleen Fish
Admin Official: Rodolfo Manrique (webmaster@ysfbarracudas.com)
Meet Marshall: YMCA of South Florida Lifeguards

ORDER OF EVENTS

Session I – Sizzler 8 & Under

Warm-up 5:00 PM Meet Start 5:30 PM

Girls	Event	Boys
1	6 & Under 25 Butterfly	2
3	7-8 25 Butterfly	4
5	6 & Under 25 Backstroke	6
7	7-8 25 Backstroke	8
9	6 & Under 25 Breaststroke	10
11	7-8 25 Breaststroke	12
13	6 & Under 25 Freestyle	14
15	7-8 25 Freestyle	16
17	8 & Under 100 Freestyle Relay	18

Each team is responsible to get their swimmers to the bullpen area on time.

There will be people in the bullpen to take care of the children.

NO PARENTS ALLOWED IN THE BULLPEN AREA