

27th Annual Speedo Winter Championships
November 16-19, 2017
Hosted by the Plantation Swim Team

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. # #FGI111617PST-B-19

Condition of Sanction: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: "In granting this approval it is understood and agreed that USA Swimming, FGC Inc. City of Plantation, Plantation Swim Team and Booster Club shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

The competition course has been certified in accordance with 104.2c. The copy of such certification is on file with USA Swimming.

Hosted by: City of Plantation, Plantation Swim Team and PST Booster Club.

Location: Plantation Aquatic Complex
9151 NW 2nd Street • Plantation, Florida 33324

Directions: Plantation Aquatic Complex is located in Central Park. From I-95 go west on 595. Exit North on Pine Island to Broward Blvd. On Broward Blvd. head west approximately $\frac{3}{4}$ of a mile to Central Park Drive. On Central Park Drive make a right. (It will be the 1st stop light after you turn on Broward). Park entrance is located on the right hand side.

Dates & Times: Thursday, 11/16: Timed Finals Warm-up: 3:30 p.m. Starts 5:00 p.m.

Friday, 11/17: Prelims 11-12, 13-14, 15-16, Open: Warm-up 7:00 a.m. Starts 8:30 a.m.

Friday, 11/17: Finals Warm-up 4:00 p.m. Starts 5:00 p.m.

Saturday, 11/18: Prelims 11-12, 13-14, 15-16, Open: Warm-up 7:00 a.m. Starts 8:30 a.m.

Saturday, 11/18: Prelims 10 & under – Warm-up TBA after meet is seeded.

(10 & under prelim session will start following the 15/16 & Open prelim session.)

Saturday, 11/18: Finals Warm-up 4:00 p.m. Starts 5:00 p.m.

Sunday, 11/19: Prelims 11-12, 13-14, 15-16, Open: Warm-up 7:00 a.m. Starts 8:30 a.m.

Sunday, 11/19: Prelims 10 & under – Warm-up TBA after meet is seeded.

(10 & under session will start following the 15/16 and Open prelim session.)

Sunday, 11/19: Finals Warm-up 4:00 p.m. Starts 5:00 p.m.

10 & under prelim warm up/start time will be announced once timelines have been processed from morning session.

Meet director reserves the right to change meet warm-up, start times, or drop or move some events in order to hold an efficient meet within USA Swimming/FGC guidelines.

General Info: Coaches Meeting: Thursday, November 16, at 4:30 p.m. The meeting will be held in the hospitality room at Central Park Community Center upstairs in Room 2. Any changes to the conduct of the meet will be announced and decided at this meeting. It is the responsibility of each coach to be aware of any changes made during this meeting.

Pool/Timing: Competition will be Short Course Yards. 2 – 25Y x 50M pools for competition. East pool 10 lanes, West pool 8 lanes. Finals will be held in one 10 lane course. Continuous warm-up and warm-down area will be available. Colorado Timing System will be used. Fly-over starts will possibly be used.

The competition course has been certified in accordance with 104.2.2 (C). Water depth at east pool start varies from 4'5" to 12'00" depending on the lane assignment accordance with 202.3.7 (C). Water Depth at the west pool start varies from 5'0" to to 7'0" depending on the lane assignment accordance with 202.3.7 (C).

Rules: 2017 USA Swimming Rules and Florida Gold Coast rules will govern this meet. Safety rules are outlined by USA Swimming and as recommended by the referee, will be in effect.

Deck Changing: Changing into or out of swimsuits other than locker rooms or other designated areas is not appropriate and is prohibited.

Camera Free: The Florida Gold Coast Swimming CAMERA FREE ZONE policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and / or may be barred from the facility during the sanctioned event.

Image Authorization: All participants agree to be filmed and photographed by the official photographer (s) and network (s) of USA Swimming under conditions authorized by USA Swimming, allow event organizers the right to use names, pictures, likeness, biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Admission: \$5.00 per session – Special all session passes will be offered. Heat sheets will be available online at www.swimpst.com. Parking will be free.

Eligibility: Open to all current 2017 USA Swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming, who have achieved the meet time standards. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start

each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or legal guardian to ensure compliance with this requirement –USA Swimming Rule 202.3.3 The meet host WILL NOT be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability Athletes: All swimmers are welcome at this meet. Entries for swimmers with disabilities should be submitted with the team's entry file. The coach or athletes are responsible for notifying the Referee of any accommodations that are required in accordance with USA-S Rule 105.4. Please contact the pool office ahead of time to allow for preparations – Terrell Woods by email (terrellwpst@aim.com).

Entry Information: Entries will open for all teams at 12:00 noon (EST) on Monday, September 11, 2017. Entries will not be accepted before this date and time. Updates to entry times will not be accepted. You should not make nonrefundable travel arrangements before you know your entries are accepted. Entries will be processed in the order received.

Once a team takes the total athlete count to 1100, their entry will be accepted in its entirety, then the host team will be entered. Entries will close November 8, 2017 or 1100 athletes, whichever comes first.

Entries: All teams must enter swimmers using the latest Versions of Hy-tek Team Manager or Team Unify software. Email entries to Terrell Woods, terrellwpst@aim.com. When you email the entries, also attach a report of the entries by swimmer. Entries/email with only a zip file (i.e. without the entry report) will not be accepted. Electronic mail confirmation will be sent within 48 hours after receipt of file. All entry fees must be paid before the start of the first event. If you don't receive an email confirmation, your entries were not received.

Note: Swimmers without registration numbers or birth dates will not be entered.

Relay Only Swimmers must be pre-loaded into relays.

Corrupted, unreadable or incorrectly formatted files must be corrected within 24 hours of entry deadline. Errors in entries submitted electronically are the responsibility of the applicant.

Entry Limit: 8 individual events total plus relays. No more than 3 individual events per day. Over entered swimmers will be scratched from the event that exceeds the entry limit.

Relays: "A" Relay Teams only. Over entered relay teams will be scratched.

Seeding: Conforming and Non-Conforming Times: Enter SCY, SCM and then LCM. Eligible entries shall be seeded in the following order – Short Course Yards, then Short Course Meters then Long Course Meters.

Prelims: 10 & Under, 11-12, 13-14, 15-16, and Open age groups. Prelim events will swim fastest to slowest, with circle seeding the first 3 heats, except the events listed in the important meet information section of this meet information.

Finals: Top 10 swimmers from prelims will swim in Finals.

Entry Fees: \$8.00 Individual Events, \$8.00 Relays, \$20.00 Surcharge. Once a team or individual entry has been received and processed, there will be no refunds full or part in.

Deck Entries: The FGC Deck Seed Policy Will Be In Effect. Deck entries permitted into open lanes only on first-come-first-served basis. Athletes must provide proof of time. Deadline for deck entries is 30 minutes before the start of the meet. Policy can be seen at www.fgcswwim.org . All deck entered swimmers must present current USA Card in order to be entered. Meet host will accept CASH ONLY for deck seeds.

Deck Entry Fee: \$16.00 Individual Event
\$16.00 Relay
\$20.00 Surcharge for athletes not entered in meet wishing to swim individual events.
\$10.00 To deck enter a relay only athlete

IMPORTANT INFORMATION BY DAY

Entry times for the 400 IM, 500 Free, and the 1650 Free will be verified using USA Swimming Swims Database. Entry times that cannot be verified will not be permitted for entry. Times achieved at foreign meets must be submitted with written proof of time by email to Terrell Woods (terrellwpst@aim.com) no later than Wednesday, November 8, by 12:00p.m. (noon).

Thursday: 1650 Free is a timed final/positive check-in event. Positive Check-in Deadline is Thursday, November 16, 4:20 pm. The fastest 48 females and fastest 48 males that check-in will swim (6 Heats of women and 6 Heats of men.) This event will be swum together by age and scored separately by age. All 1650 competitors must supply their own timer and counter.

Friday: -Open 400 Free Relays will be timed finals and will swim with Finals.
-13-14 400 Free Relays will be timed finals and will swim with Finals.
-11-12 400 Free Relays will be timed finals and will swim with Prelims.

Saturday: -11-12 400 Medley Relays will be timed finals and will swim with Prelims.
-13-14 and Open 400 Medley Relays will be timed finals swim with Finals.
-400 IM is a timed final/positive check in event. Open, 15-16, 13-14, 11-12 Top 10 seeded/checked in swimmers will swim with finals. The swimmer has the right to swim with prelims. He/she must check A.M or P.M at check-in. 400 IM Check-in Deadline Friday, November 17, at 5:00 pm. Heat Sheets will be posted on www.swimpst.com after finals Friday night.

Sunday: -All Relays will timed finals and will be swum with Prelims.
-500 Free is a timed final/positive check-in event. 11-12, 13-14, 15-16 & Open age groups Top 10 checked in swimmers will swim in finals. The swimmer has the right to swim in prelims. He/she must check A.M. or P.M. at check-in. 500 Free Check-in

Deadline is 5:00 p.m. Saturday, November 18. Heat Sheets will be posted on www.swimpst.com after finals Saturday night.

IMPORTANT INFORMATION BY AGE GROUP

10 & Under:

- Will swim prelims and finals, except for the 200 IM and 200 Free. The 200 IM and 200 Free will be timed finals, with all heats swimming with prelims. All events will be swum fastest to slowest.
- 10 & under Start time will be announced as soon as the meet is seeded. (Not before 10 a.m.)
- “Failure to swim” in finals will result in the swimmer being fined \$25.00 cash and will be unable to continue competing in the meet until the fine is paid. Upon receiving payment of the fine, the swimmer will be eligible to compete in the meet.
- Relays will swim in prelims on Sunday. All relays will be swum as timed finals, seeded fastest to slowest.

11-12:

- Will swim prelims and finals. All events will be swum fastest to slowest.
- 400 IM, 500 Free, 200 Back, 200 Breast, 200 Fly, will be swum as a timed final. Top 10 seeded/checked in swimmers will swim with finals.
- The 1650 Free on Thursday is a timed final and will be limited to the fastest 6 checked in heats of girls and the fastest 6 checked in heats of boys. This is including all age groups swimming together 11-12, 13-14, 15-16, and Open. The 1650 Free will be swum fastest to slowest scored separately.
- “Failure to swim” a positive check-in event will result in the swimmer being fined \$25.00 cash and will be unable to continue competing in the meet until the fine is paid. Upon receiving payment of the fine, the swimmer will be eligible to compete in the meet.
- “Failure to swim” in finals will result in the swimmer being fined \$25.00 cash and will be unable to continue competing in the meet until the fine is paid. Upon receiving payment of the fine, the swimmer will be eligible to compete in the meet.
- Relays will swim with prelims. All relays will be swum as timed finals, seeded fastest to slowest.

13-14 / 15-16 / Open

- Will swim prelims and finals. All events will be swum fastest to slowest
- The 1650 Free on Thursday is a timed final and will be limited to the fastest 6 checked in heats of girls and the fastest 6 checked in heats of boys. This is including all age groups swimming together 11-12, 13-14, 15-16, and Open. The 1650 Free will be swum fastest to slowest scored separately.
- The 400 IM and 500 Free will be swum as a timed final. Top 10 seeded/checked in swimmers will swim with finals.
- “Failure to swim” a positive check-in event will result in the swimmer being fined \$25.00 cash and will be unable to continue competing in the meet until the fine is paid. Upon receiving payment of the fine, the swimmer will be eligible to compete in the meet.
- “Failure to swim” in finals will result in the swimmer being fined \$25.00 cash and will be unable to continue competing in the meet until the fine is paid. Upon receiving payment of the fine, the swimmer will be eligible to compete in the meet.
- All Relays will be swum in Finals, except for the 400 Free relays, which will swim with prelims on Sunday. Relays will be swum as timed finals, seeded fastest to slowest.

Finals:

Finals will consist of one heat of girls and one heat of boys, (top 10 swimmers in each event/age group) except for timed final events indicated above. Any swimmer who competes in preliminary heats and qualifies for finals must declare his/her possible intention to scratch within thirty (30) minutes of the announcement or posting of the preliminary results of that event and further declare their final intention within 30 minutes of their last individual preliminary event. Scratches will be declared by drawing a single line and initialing on preliminary results maintained at the Announcers' table at the East Pool.

- "Failure to swim" a positive check-in event will result in the swimmer being fined \$25.00 cash and will be unable to continue competing in the meet until the fine is paid. Upon receiving payment of the fine, the swimmer will be eligible to compete in the meet.
 - "Failure to swim" in finals will result in the swimmer being fined \$25.00 cash and will be unable to continue competing in the meet until the fine is paid. Upon receiving payment of the fine, the swimmer will be eligible to compete in the meet.
- Alternates wishing to swim in an open lane in finals must be standing at the starter's tent, prepared to step on the block for the swim when the swimmers are called to the blocks. The Referee will instruct the announcer to call the alternate.

Scratches must be done individually; "team scratches" are not accepted. Swimmers are required to scratch if they are not going to swim in finals. Swimmers who finish the preliminary events in places 11 – 20 are strongly urged to scratch. Swimmers scratched into finals after 30 minutes of the conclusion of prelims will not be penalized.

Awards:

Individual Events:	Custom Winter Champs Medals 1 st -3 rd
Relays:	Custom Winter Champs Medals 1 st Place Team Only
Individual High Point:	Top 3 in each age group & sex
Team Awards:	Women's, Men's, and Combined Top 5 Teams

Scoring:

Individual:	11-9-8-7-6-5-4-3-2-1
Relays:	22-18-16-14-12-10-8-6-4-2

Head Referee: David Hammond
Admin Official: Cindy Jones
Meet Director: Terrell Woods (terrellwpst@aim.com)

A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Information:

Real Time results and updates to meet information as well as timelines, psych sheets, and meet results for the meet will be posted on the internet after entries are processed. Look for the information at www.swimpst.com.

Meet results will be available on your smart phone. Download Meet Mobile for free from the app store and get results and splits by team swimmers or events. PST is on Twitter. Follow us @SWIMPST

**Thursday - Girls East Course, Boys West Course - Timed Finals Warm-up: 3:30 p.m.
Starts 5:00 p.m.**

Female Event #	LCM	SCM	SCY	Event Title	SCY	SCM	LCM	Male Event #
1	19:43.09	19:13.09	19:21.79	Open 1650 Free	18:29.99	17:59.99	18:10.99	2
3	19:43.09	19:13.09	19:21.79	15/16 1650 Free	18:29.99	17:59.99	18:10.99	4
5	19:48.09	19:14.89	19:21.69	13/14 1650 Free	19:15.69	19:08.99	19:56.69	6
7	22:34.99	21:49.49	21:59.99	11/12 1650 Free	21:44.79	21:34.39	21:16.39	8
				5 Min. Break				
9	35.39	34.69	31.09	Open 50 Fly	28.09	30.19	30.89	10
11	35.39	34.69	31.09	15/16 50 Fly	28.09	30.19	30.89	12
13	35.69	34.79	31.39	13/14 50 Fly	28.89	32.19	33.19	14
15	36.79	36.29	32.89	11/12 50 Fly	33.69	36.99	37.89	16
17	36.99	36.39	31.59	Open 50 Back	29.09	33.49	34.09	18
19	36.99	36.39	31.59	15/16 50 Back	29.09	33.49	34.09	20
21	36.59	35.09	31.49	13/14 50 Back	29.49	32.79	34.39	22
23	39.49	37.79	34.29	11/12 50 Back	35.09	38.59	39.99	24
25	41.29	40.29	35.59	Open 50 Breast	32.79	35.99	36.99	26
27	41.29	40.29	35.59	15/16 50 Breast	32.79	35.99	36.99	28
29	42.09	40.29	36.29	13/14 50 Breast	33.39	37.09	38.59	30
31	43.09	42.39	38.49	11/12 50 Breast	38.89	42.79	43.99	32

Friday Prelims - Open and 15/16 East Course - Warm-up 7:00 a.m. Starts 8:30 a.m.

Female Event #	LCM	SCM	SCY	Event Title	SCY	SCM	LCM	Male Event #
33	2:46.19	2:42.19	2:27.19	Open 200 Back	2:13.59	2:26.99	2:30.99	34
35	2:46.19	2:42.19	2:27.19	15/16 200 Back	2:13.59	2:26.99	2:30.99	36
41	1:07.19	1:05.19	59.79	Open 100 Free	53.79	58.99	1:00.99	42
43	1:07.19	1:05.19	59.79	15/16 100 Free	53.79	58.99	1:00.99	44
49	3:11.39	3:07.39	2:47.69	Open 200 Breast	2:33.09	2:51.79	2:55.79	50
51	3:11.39	3:07.39	2:47.69	15/16 200 Breast	2:33.09	2:51.79	2:55.79	52
57	2:40.39	2:36.39	2:23.49	Open 200 Fly	2:11.59	2:25.99	2:29.99	58
59	2:40.39	2:36.39	2:23.49	15/16 200 Fly	2:11.59	2:25.99	2:29.99	60
65	x	1:15.69	1:07.99	Open 100 IM	1:01.99	1:09.09	x	66
67	x	1:15.69	1:07.99	15/16 100 IM	1:01.99	1:09.09	x	68

Friday Prelims - 11/12 and 13/14 West Course - Warm-up 7:00 a.m. Starts 8:30 a.m.

Female Event #	LCM	SCM	SCY	Event Title	SCY	SCM	LCM	Male Event #
37	2:45.59	2:39.49	2:24.29	13/14 200 Back	2:15.79	2:29.99	2:36.79	38
39	3:01.99	2:53.99	2:37.79	11/12 200 Back*	2:38.29	2:54.09	3:01.79	40
45	1:06.79	1:04.79	58.69	13/14 100 Free	56.89	1:02.79	1:05.29	46
47	1:14.89	1:11.69	1:05.09	11/12 100 Free	1:03.89	1:10.39	1:12.49	48
53	3:10.79	3:03.79	2:46.29	13/14 200 Breast	2:34.69	2:50.99	2:59.49	54
55	3:25.09	3:18.99	3:00.39	11/12 200 Breast*	2:57.39	3:15.19	3:25.09	56
61	2:45.69	2:43.29	2:27.79	13/14 200 Fly	2:17.49	2:31.89	2:36.59	62
63	3:03.29	2:56.79	2:40.39	11/12 200 Fly*	2:40.69	2:56.69	3:01.59	64
69	x	1:17.99	1:10.19	13/14 100 IM	1:05.39	1:12.59	x	70
71	x	1:22.79	1:15.09	11/12 100 IM	1:13.09	1:22.59	x	72
				5 Min. Break				
77	NT	NT	NT	11/12 400 Free Relay	NT	NT	NT	78

*Timed Final, Top Ten seeded swimmers swim with Finals.

Friday Finals East Course - Warm-up 4:00 p.m. Starts 5:00 p.m.

Female Event #	Event Title	Male Event #
33	Open 200 Back	34
35	15/16 200 Back	36
37	13/14 200 Back	38
39	11/12 200 Back*	40
41	Open 100 Free	42
43	15/16 100 Free	44
45	13/14 100 Free	46
47	11/12 100 Free	48
49	Open 200 Breast	50
51	15/16 200 Breast	52
53	13/14 200 Breast	54
55	11/12 200 Breast*	56
57	Open 200 Fly	58
59	15/16 200 Fly	60
61	13/14 200 Fly	62
63	11/12 200 Fly*	64
65	Open 100 IM	66
67	15/16 100 IM	68
69	13/14 100 IM	70
71	11/12 100 IM	72
	5 Min. Break	
73	Open 400 Free Relay	74
75	13/14 400 Free Relay	76

*Timed Final, Top Ten seeded swimmers swim with Finals.

Saturday 15/16 and Open East Course - Warm-up 7:00 a.m. Starts 8:30 a.m.

Female Event #	LCM	SCM	SCY	Event Title	SCY	SCM	LCM	Male Event #
85	2:22.49	2:18.49	2:07.29	15/16 200 Free	1:54.79	2:07.59	2:11.59	86
87	2:22.49	2:18.49	2:07.29	Open 200 Free	1:54.79	2:07.59	2:11.59	88
95	1:28.79	1:26.79	1:16.89	15/16 100 Breast	1:09.09	1:16.49	1:18.49	96
97	1:28.79	1:26.79	1:16.89	Open 100 Breast	1:09.09	1:16.49	1:18.49	98
105	1:18.49	1:16.49	1:08.89	15/16 100 Back	1:00.59	1:08.29	1:10.29	106
107	1:18.49	1:16.49	1:08.89	Open 100 Back	1:00.59	1:08.29	1:10.29	108
115	1:12.89	1:10.89	1:04.59	15/16 100 Fly	58.59	1:03.39	1:05.39	116
117	1:12.89	1:10.89	1:04.59	Open 100 Fly	58.59	1:03.39	1:05.39	118
127	5:42.39	5:34.39	5:02.29	15/16 400 IM*	4:44.79	5:09.49	5:17.49	128
129	5:42.39	5:34.39	5:02.29	Open 400 IM*	4:44.79	5:09.49	5:17.49	130

*Timed Final, Top Ten seeded swimmers swim with Finals.

Saturday 11/12 and 13/14 West Course - Warm-up 7:00 a.m. Starts 8:30 a.m.

Female Event #	LCM	SCM	SCY	Event Title	SCY	SCM	LCM	Male Event #
81	2:41.59	2:36.69	2:22.19	11/12 200 Free	2:18.79	2:32.89	2:37.79	82
83	2:23.89	2:19.69	2:06.49	13/14 200 Free	2:03.89	2:16.89	2:21.99	84
91	1:35.79	1:32.19	1:23.69	11/12 100 Breast	1:23.29	1:31.69	1:35.69	92
93	1:28.19	1:24.69	1:16.59	13/14 100 Breast	1:10.79	1:18.29	1:21.29	94
101	1:25.29	1:22.29	1:14.69	11/12 100 Back	1:14.79	1:22.29	1:26.39	102
103	1:17.19	1:14.19	1:07.09	13/14 100 Back	1:03.09	1:09.69	1:12.89	104
111	1:23.89	1:22.09	1:14.49	11/12 100 Fly	1:14.59	1:21.99	1:24.39	112
113	1:15.49	1:13.59	1:06.59	13/14 100 Fly	1:01.89	1:08.39	1:10.39	114
123	6:28.39	6:16.09	5:41.09	11/12 400 IM*	5:41.79	6:15.99	6:27.49	124
125	6:00.39	5:48.99	5:15.89	13/14 400 IM*	4:55.69	5:26.69	5:40.39	126
				5 Min. Break				
131	NT	NT	NT	11/12 400 Medley Relay	NT	NT	NT	132

*Timed Final, Top Ten seeded swimmers swim with Finals.

Saturday 10 & Under East Course - Warm-up TBA. Start Time TBA

Female Event #	LCM	SCM	SCY	Event Title	SCY	SCM	LCM	Male Event #
79	3:02.39	2:56.79	2:40.39	10 & Under 200 Free^	2:39.39	2:56.79	2:59.89	80
89	49.09	47.49	42.99	10 & Under 50 Breast	44.89	47.49	51.19	90
99	44.49	42.99	38.99	10 & Under 50 Back	39.79	42.99	45.29	100
109	1:40.79	1:36.19	1:27.29	10 & Under 100 Fly	1:28.79	1:36.19	1:40.09	110
119	x	1:31.89	1:23.39	10 & Under 100 IM	1:24.39	1:31.89	x	120
121	1:23.19	1:20.89	1:13.39	10 & Under 100 Free	1:14.19	1:20.89	1:24.39	122

^Timed Final, all heats swimming with Prelims

Saturday Finals - Warm-up 4:00 p.m. Starts 5:00 p.m.

Female Event #	Event Title	Male Event #
121	10 & Under 100 Free	122
81	11/12 200 Free	82
83	13/14 200 Free	84
85	15/16 200 Free	86
87	Open 200 Free	88
89	10 & Under 50 Breast	90
91	11/12 100 Breast	92
93	13/14 100 Breast	94
95	15/16 100 Breast	96
97	Open 100 Breast	98
99	10 & Under 50 Back	100
101	11/12 100 Back	102
103	13/14 100 Back	104
105	15/16 100 Back	106
107	Open 100 Back	108
109	10 & Under 100 Fly	110
111	11/12 100 Fly	112
113	13/14 100 Fly	114
115	15/16 100 Fly	116
117	Open 100 Fly	118
119	10 & Under 100 IM	120
123	11/12 400 IM*	124
125	13/14 400 IM*	126
127	15/16 400 IM*	128
129	Open 400 IM*	130
	5 Min. Break	
133	13/14 400 Medley Relay	134
135	Open 400 Medley Relay	136

*Timed Final, Top Ten seeded swimmers swim with Finals

Sunday 15/16 and Open East Course - Warm-up 7:00 a.m. Starts 8:30 a.m.

Female Event #	LCM	SCM	SCY	Event Title	SCY	SCM	LCM	Male Event #
141	NT	NT	NT	Open 200 Free Relay	NT	NT	NT	142
				5 Min. Break				
151	2:41.89	2:37.89	2:22.49	15/16 200 IM	2:10.79	2:24.19	2:28.19	152
153	2:41.89	2:37.89	2:22.49	Open 200 IM	2:10.79	2:24.19	2:28.19	154
161	31.39	30.39	27.89	15/16 50 Free	24.79	27.19	28.19	162
163	31.39	30.39	27.89	Open 50 Free	24.79	27.19	28.19	164
175	4:55.29	4:47.29	5:31.59	15/16 500 Free*	5:09.89	4:30.39	4:38.39	176
179	4:55.29	4:47.29	5:31.59	Open 500 Free*	5:09.89	4:30.39	4:38.39	180
				5 Min. Break				
185	NT	NT	NT	Open 200 Medley Relay	NT	NT	NT	186

* Timed Final, Top Ten seeded swimmers swim with Finals

Sunday 11/12 and 13/14 West Course - Warm-up 7:00 a.m. Starts 8:30 a.m.

Female Event #	LCM	SCM	SCY	Event Title	SCY	SCM	LCM	Male Event #
137	NT	NT	NT	11/12 200 Free Relay	NT	NT	NT	138
139	NT	NT	NT	13/14 200 Free Relay	NT	NT	NT	140
				5 Min. Break				
147	3:02.59	2:56.89	2:40.39	11/12 200 IM	2:37.79	2:57.89	3:03.89	148
149	2:50.99	2:43.99	2:28.49	13/14 200 IM	2:18.79	2:33.29	2:40.39	150
157	34.39	33.49	30.39	11/12 50 Free	29.39	32.29	33.49	158
159	30.89	29.79	26.99	13/14 50 Free	25.99	28.79	29.49	160
167	5:37.09	5:29.99	6:17.99	11/12 500 Free*	6:12.59	5:25.39	5:29.89	168
171	5:01.79	4:55.99	5:38.29	13/14 500 Free*	5:33.89	4:52.19	5:02.69	172
				5 Min. Break				
181	NT	NT	NT	11/12 200 Medley Relay	NT	NT	NT	182
183	NT	NT	NT	13/14 200 Medley Relay	NT	NT	NT	184

*Timed Final, Top Ten seeded swimmers swim with Finals

Sunday 10 & Under West Course - Warm-up TBA. Start Time TBA

Female Event #	LCM	SCM	SCY	Event Title	SCY	SCM	LCM	Male Event #
143	NT	NT	NT	10 & Under 200 Free Relay^	NT	NT	NT	144
				5 Min. Break				
145	3:21.59	3:16.39	2:58.19	10 & Under 200 IM^	3:01.69	3:16.39	3:24.89	146
155	37.29	36.19	32.89	10 & Under 50 Free	33.39	36.19	37.69	156
				5 Min. Break				
165	NT	NT	NT	10 & Under 200 Medley Relay^	NT	NT	NT	166
				5 Min. Break				
169	1:36.79	1:32.39	1:23.79	10 & Under 100 Back	1:24.09	1:32.39	1:35.69	170
173	42.49	41.49	37.69	10 & Under 50 Fly	38.19	41.49	42.89	174
177	1:48.49	1:44.09	1:34.39	10 & Under 100 Breast	1:36.19	1:44.09	1:50.69	178

^Timed Final, all heats swimming with Prelims

Sunday Finals - Warm-up 4:00 p.m. Starts 5:00 p.m.

Female Event #	Event Title	Male Event #
147	11/12 200 IM	148
149	13/14 200 IM	150
151	15/16 200 IM	152
153	Open 200 IM	154
155	10 & Under 50 Free	156
157	11/12 50 Free	158
159	13/14 50 Free	160
161	15/16 50 Free	162
163	Open 50 Free	164
167	11/12 500 Free*	168
169	10 & Under 100 Back	170
171	13/14 500 Free*	172
173	10 & Under 50 Fly	174
175	15/16 500 Free*	176
177	10 & Under 100 Breast	178
179	Open 500 Free*	180

*Timed Final, Top Ten seeded swimmers swim with Finals.

Hotel Information

1) Hampton Inn Plantation 7801 SW 6th St., Plantation, FL 33324

http://hamptoninn.hilton.com/en/hp/groups/personalized/F/FLLPTHX-WC7-20171115/index.jhtml?WT.mc_id=POG

Group Code: **WC7**

Rates: (Include comp. internet, comp. breakfast, & comp. parking)

Queen/Queen Room: \$139/night

King Room: \$139/night

***These rates are valid if you book on or before: 10/15/17**

2) Holiday Inn Express Plantation 1701 N University Drive, Plantation, FL. 33322

To make a reservation call the hotel at 954-472-5600 or toll free 1-866-285-0961. Please give dates and refer to group name Plantation Swim Team at time of reservation.

Rates: (Include comp. internet, comp. breakfast, & comp. parking)

Queen/Queen Room: \$139/night

***These rates are valid if you book on or before: 10/27/17.**

3) Renaissance Plantation Hotel 1230 S. Pine Island Rd., Plantation, FL 33324

To make a reservation call 888-236-2427, give the hotel, the dates, and ask for the “PST Booster Club” rate or click the link below.

<https://aws.passkey.com/e/49091005>

Rates: (Include comp. internet, & comp. parking) ****Breakfast is \$13.95/person.**

Double/Double Room: \$126/night

***These rates are valid if you book on or before: 10/27/17**

*****If you are having problems with any reservations please feel free to contact Craig Rehak at (708)288-1673 for assistance*****