



TYR SOFLO Open
January 27 – 29, 2017
 Academic Village Pool, Pembroke Pines, Florida

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc. **Sanction No. FGI012717SOFL-B-3**

Hosted by: South Florida Aquatic Club and Comets Swim Team Booster Club

Location: **Academic Village Swimming Pool.** 17191 Sheridan Street, Pembroke Pines, FL. Enter from 172nd and free parking is located at the West end of the swimming pool.

Directions: **Coming from the North:** Take I-595 West to I-75 South. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **PLEASE TAKE 2ND ENTRANCE INTO FACILITY.**
Coming from the South: Take SR-826 South to I-75 North. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. Academic Village is on the RIGHT hand side. **PLEASE TAKE 2ND ENTRANCE INTO Facility.**

Date & Time:

Date	Session	Warm-up	Meet Start
Friday, January 27 th	1	4:30 pm	5:30 pm
Saturday, January 28 th	2	7:30 am	8:30 am
Saturday, January 28 th	3	*TBA	*TBA
Sunday, January 29 th	4	7:30 am	8:30 am
Sunday, January 29 th	5	*TBA	*TBA



***Afternoon sessions will start approximately one hour following the conclusion of the morning session, but no earlier than 11:30am. We will announce the starting times for the afternoon sessions on Tuesday Jan 24th. Meet director reserves the right to change meet warm-up, start times, in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.**

Rules: 2017 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect. All session are timed finals for all swimmers.

Pool/Timing: 25 Yard x 50 meter temperature controlled outdoor pool, 10 **short-course** racing lanes with separate warm-up and swim-down lanes available. The competition course has been certified in accordance with 104.2.2 (C). Fly-over starts will possibly be used. Water depth at competition start end of pool varies from 6'7" to 8'6" depending on lane assignment, in accordance with 202.3.7©. Colorado Timing System® will be used.

Deck Changing: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Closed Deck: **Spectators** will only be permitted in designated areas of the pool deck unless they are registered with USA swimming as an athlete or as a non-athlete and are working the meet. The only exception is for timers and volunteers assisting with the conduct of the meet.

Coaches:- You will be permitted inside the roped off areas of the deck provided you are wearing you coaching credentials, and do not interfere with those conducting the meet.

Eligibility: Open to all current 2017 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming.



Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3
The Meet Host **WILL NOT** be accepting New or Renewing USA Swimming registrations at the meet.

Swimmers who are not registered with USA Swimming by 12:00pm Thursday January 26th, 2017 will not be seeded. Such swimmers who subsequently become USA Swimming registered will be permitted to deck enter open lanes in accordance with the deck entry policy.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations - (954) [538-3721](tel:9545383721) SoFloMeets@swim4SoFlo.com

Officials: If you know that you will be attending this meet and will be available, please email the meet referee, Allan Golding (allan.c.golding@comcast.net), and let him know your level of certification and team. This is for pre-meet planning purposes only. All officials are welcome to work. Check in at the Starter's tent 30 minutes before the start of the session.

Entry: All entries must be received by **Wednesday, January 18, 2017.**
Please submit the entries to child's coach.

NOTE: Swimmers without registration numbers or birth dates will not be entered. * Entry Fees will be Double if not entered electronically.**

Entries will be accepted in the order in which they are received until the sessions containing 12&U events (sessions 1, 3 and 5) reach 4 hours. At that point the meet will be full and no further entries will be accepted.

Entry Fees: \$5.00 per individual event

Relay Fees: \$7.00 per relay

Facility Surcharge: \$7.50 per swimmer

Coaching Surcharge: \$5.00 per swimmer

***Entry fees are made payable to "CSSC"**



- Late Entries:** Late entries will be accepted at meet management discretion between 12:01pm Monday January 23th, 2017 and 12:00pm Thursday January 26th, 2017. PLEASE enter electronically (CL or SDIF format). Please email late entry requests [to SoFloMeets@swim4SoFlo.com](mailto:to_SoFloMeets@swim4SoFlo.com). Late entries must be accompanied by proof of USA Swimming registration in order to be seeded.
- Deck Entries:** **THE FGC DECK SEED POLICY WILL BE IN EFFECT.** Deck entries will be permitted into open lanes on a first-come-first-serve basis from 12:01pm on Thursday January 26th, 2017 until 30 minutes prior to the start of the session for the event in question. Deck entry requests may be made by email or in person at the meet. Please email deck entry requests to officemanager@swim4comets.com. Fees for deck entries will be twice the standard entry fees. Deck entry requests must be accompanied by proof of USA Swimming registration in order to receive a lane assignment.
- Refunds:** Once a team or individual entry has been received and processed, there will be no refunds in full or in part.
- Entry Limit:** Swimmers may swim a maximum of four (4) individual events per day, plus relays.
- Seeding:** All events will be **Super Seeded Fast to Slow**. Multi-Age Group Super Seed is where the fastest heat has the top entries for the highest age group; the second fastest heat has the top entries for the next age group. After the fastest heat for each age group has been seeded, the remainder are mixed by age and sorted by time as in normal timed final seeding. Super seeded events will be sorted by separate age groups. The age groups will be - 10 & under, 11-12, 13-14, 15 & Over.
- Awards:** **12 & under swimmers only:**
Individual Events: Medals - 1st Ribbons 2nd – 10th
Relay Events: Ribbons - 1st – 3rd
Random TYR Individual heat winner awards
- Distance Events:** **The 500 Free and 400 IM** will be swum alternating women then men. **Positive check in is NOT required.**
For events 37 and 38 (Women and Men 12 & U 500 free) only the top 40 female and top 40 male swimmers will be seeded.



Meet Director: Chris Anderson

Co-Meet Directors: Luis Soler (Facility Set Up) – Andrea Golding (Volunteers)

Head Referee: Allan Golding

Admin. Official: Nestor Mateus

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: Admission - \$5.00.
Heat Sheets – Free – Will be available online and on meet mobile.
Printed heat sheets for coaches will be available in the office.

Information: Swim Office at (954) 538-3721 - SoFloMeets@swim4SoFlo.com

Order of Events

Girls=Odd / Boys=Even

Session 1 Friday, January 27, 2017 @ 5:30 P.M

Event #	Age Group	Event
1-2	12 & Under	200 Free
3-4	13 & Over	100 IM
5-6	12 & Under	200 IM
7-8	13 & Over	400 IM*

* The 400 IM will be swum, alternating women – men.

Session 2 Saturday, January 28, 2017 @ 8:30am

Event #	Age Group	Event
9-10	13 & Over	200 Med. Relay
11-12	13 & Over	200 Breast
13-14	13 & Over	100 Back
15-16	13 & Over	50 Breast
17-18	13 & Over	100 Fly
19-20	13 & Over	50 Free
21-22	13 & Over	200 IM
23-24	13 & Over	500 Free *



* The 500 free will be swum, alternating women – men.

Session 3 - Saturday, January 28, 2017 – 60 Min. after completion of Session II

Event #	Age Group	Event
25-26	12 & Under	200 Med. Relay
27-28	12 & Under	200 Breast
29-30	12 & Under	100 Back
31-32	12 & Under	50 Breast
33-34	12 & Under	100 Fly
35-36	12 & Under	50 Free
37-38	12 & Under	500 Free*^

* The 500 free will be swum, alternating women – men

^Only the top 40 female and top 40 male swimmers will be seeded.

Session 4 Sunday, January 29, 2017 @ 8:30am

Event #	Age Group	Event
39-40	13 & Over	200 Free Relay
41-42	13 & Over	200 Free
43-44	13 & Over	50 Back
45-46	13 & Over	200 Fly
47-48	13 & Over	100 Breast
49-50	13 & Over	200 Back
51-52	13 & Over	50 Fly
53-54	13 & Over	100 Free

Session 5 - Sunday, January 29, 2017 – 60 Min. after completion of Session IV

Event #	Age Group	Event
55-56	12 & Under	200 Free Relay
57-58	12 & Under	50 Back
59-60	12 & Under	200 Fly
61-62	12 & Under	100 Breast
63-64	12 & Under	200 Back
65-66	12 & Under	50 Fly
67-68	12 & Under	100 Free
69-70	12 & Under	100 IM

