

# **8 & Under Sizzler Meet**

## **Friday May 5, 2017**

American Heritage School - Plantation  
12200 W. Broward Blvd., Plantation, FL 33325

**Heritage Aquatic Team**

**Sanctioned by:** Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. **FGS050517HAT-B-11**

**Condition of Sanction:** The competition course has been certified in accordance with 104.2.2(4). The copy of such certification is on file with USA Swimming. Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Sponsored by:** **Heritage Aquatic Team and American Heritage School**

**Rules** 2017 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and recommended by the referee, will be in effect. Session I is timed finals for all swimmers. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

**Camera Free:** The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

**Image Authorization:** All participants agree to be filmed and photographed by the official photographer(s) and networks(s) of USA Swimming under the conditions authorized by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions.

**Rules:** Current USA Swimming Rules and Florida Gold Coast rules will govern this meet. In granting this approval it is understood and agreed that USA Swimming, Florida Gold Coast, and *\_(your club name)* shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect, except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited, Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the vice President of Program Operations.

**Eligibility:** Open to all current 2017 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming.  
Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host **WILL NOT** be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

**Disability Athletes:** All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations - 954-325-0400 — [coachnobutakatan@gmail.com](mailto:coachnobutakatan@gmail.com)

**Deck Change:** Changing, in part or whole, into or out of a swimsuit (excluding a drag suit) is an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes while at a practice, competition or other pool-related activity.

**Pool/Timing:** 25 yard x 25 meters heated outdoor pool, 6 **short-course** racing lanes with separate warm-up and swim-down lanes available. OMEGA Timing System® will be used.



**Head Referee:** Hannah Fish

**Administrative Referee:** Ivett Kohanyi

**Meet Director:** Nobutaka Tan

**Meet Committee:** A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

**Admission:** Admission \$ 2.00 / per session. Heat Sheets \$ 1.00 per session.

**Information:** Call the Teams Office at (954) 325-0400

**Order of Events:**

Girls	Events	Boys
1	25 Fly 6&Under	2
3	25 Fly 7-8	4
5	25 Back 6&Under	6
7	25 Back 7-8	8
9	25 Breast 6&Under	10
11	25 Breast 7-8	12
13	25 Free 6&Under	14
15	25 Free 7-8	16
17	100 Free Relay 8 & Under	18