

# *13<sup>th</sup> Annual NPB Sprint Invitational*

**August 27-28, 2016**

North Palm Beach Country Club

## *North Palm Beach Swim Club*

**Sanctioned by:** Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. FGI0082716NPB-P-17

**Sponsored by:** **North Palm Beach Swim Club.**

**Rules:** 2016 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

**Camera Free:** The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

**Eligibility:** Open to all current 2016 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host **WILL** be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

**Disability Athletes:** All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations – 561-691-3427—[NPBCoach4@aol.com](mailto:NPBCoach4@aol.com).

**Pool/Timing:** **25 yards x 50 meters** heated outdoor pool, **6 short-course** racing lanes with separate warm-up and swim-down area available. Colorado Timing System® will be used. Fly-over starts will possibly be used.

The competition course has been **certified** in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Water depth at the start end is 14' and varies to 7' at the turn end, in accordance with 202.2.9(C).

**Dates & Times:** Saturday, August 27, 2016  
**Session I – 8 & Unders (25's)** - Warm-up at 7:30 am. Meet starts at **8:30 am**.  
**Session II – 10 & Unders** - Warm-up 9:30am. Meet starts at **10:30am**  
**Session III – 11 & Overs** - Warm-up 1:00pm. Meet starts at **2:00pm**

Sunday, August 28, 2016

**Session IV – 10 & Unders** - Warm-up 8:00am. Meet starts at **9:00am**  
**Session V – 11 & Overs** - Warm-up 11:30pm. Meet starts at **12:30pm**

*\*Meet director reserves the right to change meet warm-up and start times in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval. |*

**Location:** North Palm Beach Country Club  
951 US Hwy #1, North Palm Beach, FL 33408

**Directions:** Coming from the North: Take I-95 South, exit PGA Blvd. East. Take PGA East to US Hwy #1. Go South on US #1 for one mile. The NPB Country Club will be on your right hand side.  
Coming from the South: Take I-95 North, exit on Northlake Blvd. Go East to US Hwy #1. Turn North on US #1 for one mile. The NPB Country Club will be on your left hand side.

**Entry Deadline:** All entries must be received by **Monday, August 22, 2016**  
PLEASE enter electronically, NO MAILED entries.  
For electronic entries (CL or SDIF format only!!)  
E-mail to [NPBCoach4@aol.com](mailto:NPBCoach4@aol.com) fax 561-626-5109  
Confirmation for electronic entries will be sent via e-mail.  
\*\*Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at 561-691-3427

**NOTE: Swimmers without registration numbers or birth dates will not be entered. \*\*\* Entry Fees will be Double if not entered electronically. |**

**Seeding:** Yard Times will be used for all seeding. All events are Timed Finals.

**Entry Fees:** **\$3.50** – Individual Event. (No charge for 8 & Under Relay.)

**Surcharge:** **\$5.00** – per swimmer. (No Surcharge for Session I only swimmers.)  
Only one check per team, Payable to: **NPB Swim Club.**

**Refunds:** Once a team or individual entry has been received and processed, there will be no refunds in full or in part

**Entry Limit:** Individual Events: five (5) per day. Unlimited Relays.

**Awards:** Session I (All Individual 25's) Ribbons 1<sup>st</sup> thru 12<sup>th</sup>.  
Session II thru V (All Ind. Events) Medals 1<sup>st</sup>-3<sup>rd</sup>, Ribbons 4<sup>th</sup>-12<sup>th</sup>. |

**High Point:** Top 3 Individual Boys and Girls in each age group will be awarded. (Only sessions **II** through **V** count toward High Point awards)

**Scoring:** Individual Events (Events #11 - #86) **16-13-12-11-10-9-7-5-4-3-2-1.**

**Age Groups:** 8 & Under, 9–10, 11–12, 13–14, 15 & Over.

**Head Referee:** Scott Boggs.

**Meet Director:** Alf Aguirre.

**Meet Committee:** A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

**Deck Entry:** THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at [www.fgcswim.org](http://www.fgcswim.org). All deck entered swimmers must present current USA Swimming Card in order to be entered.

**Admission:** Admission - \$3 per session. Heat Sheets - \$2 per session.

**Information:** Call the Teams Office at (561) 691-3427.

**Concessions:** Concession stand will be open for all sessions.

**Hospitality:** Hospitality for Coach, Officials & Volunteers will be available throughout the entire meet.

**Meet Info:** Time Lines, Psyche Sheets and Results for the meet will be posted on: [www.npbswimming.com](http://www.npbswimming.com), and also on Meet Mobile.

**Hotel Information:**

<b>Embassy Suites</b> – (5 miles) 4350 PGA Blvd, PBG 33410	(561) 622-1000
<b>Double Tree</b> – (5 miles) 4431 PGA Blvd. PBG 33410	(800) 222-TREE
<b>Super 8</b> – (1/4 mile) 757 US Hwy #1, NPB 33408	(561) 848-1424
<b>Windsor Garden Hotel</b> – (1/2 mile) 11360 US Hwy #1, NPB 33408	(561) 844-8448
<b>Holiday Inn Express</b> – (5 Miles) 13950 US #1, Juno 33408	(561) 622-4366
<b>Hampton Inn</b> – (5 Miles) 13801 US #1, Juno 33408	(561) 626-9090

**Preferred Hotel:** **Hilton Singer Island** – 3700 N Ocean Drive 33404 (561)848-3888  
**Special Rate of \$99** a night! Group Code: **“NPB”**

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August 27-28, 2016

## Order of Events

Girls-Odd / Boys-Even

**Session I Saturday - August 27, 2016 Warm-up: 7:30am Meet Starts: 8:30am**

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
1-2	8 & under	25 Freestyle
3-4	8 & Under	25 Breaststroke
5-6	8 & Under	25 Butterfly
7-8	8 & Under	25 Backstroke
9-10	8 & Under	100 Freestyle Relay

**Session II Saturday-August 27, 2016 Warm-up: 9:30am Meet Starts: 10:30 am**

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
11-12	8 & Under	100 Freestyle
13-14	9-10	100 Freestyle
15-16	8 & Under	50 Butterfly
17-18	9-10	50 Butterfly
19-20	8 & Under	100 Breaststroke
21-22	9-10	100 Breaststroke
23-24	8 & Under	50 Backstroke
25-26	9-10	50 Backstroke

**Session III Saturday-August 28, 2016 Warm-up 1:00pm Meet Starts: 2:00pm**

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
27-28	11-12	100 Freestyle
29-30	13 & Over*	100 Freestyle
31-32	11-12	50 Butterfly
33-34	13 & Over*	50 Butterfly
35-36	11-12	100 Breaststroke
37-38	13 & Over*	100 Breaststroke
39-40	11-12	50 Backstroke
41-42	13 & Over*	50 Backstroke

\* 13-14 and 15 & Over Swum together, scored separately

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Session IV    Sunday-August 28, 2016    Warm-up 8:00m    Meet Starts: 9:00am

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
43-44	8 & Under	100 Ind. Medley
45-46	9-10	100 Ind. Medley
47-48	8 & Under	50 Breaststroke
49-50	9-10	50 Breaststroke
51-52	8 & Under	100 Butterfly
53-54	9-10	100 Butterfly
55-56	8 & Under	50 Freestyle
57-58	9-10	50 Freestyle
59-60	8 & Under	100 Backstroke
61-62	9-10	100 Backstroke

Session V    Sunday- August 28, 2016    Warm-up 11:30pm    Meet Starts 12:30pm

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
63-64	11-12	100 Ind. Medley
65-66	13 & Over*	100 Ind. Medley
67-68	11-12	50 Breaststroke
69-70	13 & Over*	50 Breaststroke
71-72	11-12	100 Butterfly
73-74	13 & Over*	100 Butterfly
75-76	11-12	50 Freestyle
77-78	13 & Over*	50 Freestyle
79-80	11-12	100 Backstroke
81-82	13 & Over*	100 Backstroke

\* 13-14 and 15 & Over Swum together, scored separately