

8 & Under Sizzler Meet

Friday, May 8, 2015

12200 W. Broward Blvd.

Plantation, FL 33325

Heritage Aquatic Team & American Heritage School

Sanctioned by: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. **FGS050815HAT-B-18**

Sponsored by: **Heritage Aquatic Team & American Heritage School**

Rules: 2015 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Eligibility: Open to all current 2015 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host (**WILL NOT**) be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Disability Athletes: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations – 954-472-0022 X-3203 or email to coachnobutakatan@gmail.com

Pool/Timing: 25 yard/meters x 25 meters heated outdoor pool, 6 **short-course** racing lanes with separate warm-up and swim-down area available.
OMEGA Timing System® will be used.
The competition course has been certified in accordance with 104.2.2 (C). Water depth at the start varies from 4'0" to 5'0" depending on lane assignment accordance with 202.3.7 (C).

Date & Time: **Session Date**
Session I - Timed Finals - Warm-up at 5:00 pm. Meet starts at 6:00 pm.

**Meet director reserves the right to change meet warm-up and start times in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.*

Location: **American Heritage School**
12200 W. Broward Blvd. Plantation, FL
33325 Next to GYM

Entry: All entries must be received by **Wednesday April 20, 2015**
Please email the entries to your child's swim coach.

NOTE: Swimmers without registration numbers or birth dates will not be entered. * Entry Fees will be Double if not entered electronically.**

Entry Fees: \$ 9.00 per individual event including Relays; \$5.00 Coaching Surcharge

***Entry fees are made payable to "Coral Springs Swim Club"**

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

Entry Limit: **NO Limits**

Awards: Individual Events: 1st – 3rd Place Medals: 4th – 8th Place Ribbons
Relay Events: 1st – 3rd Place Medals: 4th – 8th Place Ribbons

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present current USA Swimming Card in order to be entered.

Head Referee: Beth Wilkerson

Administrative Officer: Alfie Trimble

Meet Director: Nobutaka Tan

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: Admission - \$ 2.00 per session. Heat Sheets - \$ 1.00 per session.

Information: Call the Teams Office at (954) 472-0022 X-3203.

ORDER OF EVENTS:

Girls	Events	Boys
1	25 Fly 6&Under	2
3	25 Fly 7-8	4
5	25 Back 6&Under	6
7	25 Back 7-8	8
9	25 Breast 6&Under	10
11	25 Breast 7-8	12
13	25 Free 6&Under	14
15	25 Free 7-8	16
17	100 Free Relay 8&Under	18