



**Florida Gold Coast
Invitational – April 24- 26, 2015
North County Aquatic Complex- 861 Toney Penna Drive, Jupiter-Florida
Jupiter Dragon Swim Team**

Sanctioned By: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc. Sanction No. FGI042415JDSC-P-12

Sponsored by: Jupiter Dragon Swim Team

Location: North County Aquatic Complex- 861 Toney Penna Drive, Jupiter-Florida

Dates & Time:

Session I	Timed Finals	Friday	April 24, 2015	Warm-up – 4:30 pm	Start – 5:30 pm
Session II	Timed Finals	Saturday	April 25, 2015	Warm-up – 7:30 am	Start – 8:30 am
Session III	Timed Finals	Saturday	April 25, 2015	Warm-up – 12:00 pm	Start – 1:00 pm
Session IV	Timed Finals	Sunday	April 26, 2015	Warm-up – 7:30 am	Start – 8:30 am
Session V	Timed Finals	Sunday	April 26, 2015	Warm-up – 11:00 am	Starts 10 min. after Session IV

Note: the Start times for this meet may be adjusted following receipt of all entries with approval of the Age Group Chairman

Pool/Timing: 50 Meter by 25 Yard heated outdoor pool, **7 long-course** racing lanes with separate warm-up and swim-down lane available. Daktronics Timing System will be used. Fly-over starts will possibly be used.
The competition course has been certified in accordance with 104.2.2 (C).
Water depth at the start end of the pool is 4 ft. 4 inches across all lanes in accordance with 202.3.7 (C).

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

- Rules:** 2015 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect. All sessions are timed finals for all swimmers. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
- Disability Athletes:** All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations - 561-745-0839- coachkirill@bellsouth.net
- Eligibility:** Open to all current 2015 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host **WILL NOT** be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.
- Entry Deadline:** All entries must be received by **Friday April 17, 2015**
- Entry Limit:** Four (4) individual events per day.
- Entry Procedure:** **Hy-Tek electronic entry system is required.** Please email entry to: coachkiril@yahoo.com
Submission of entry certifies that all entered swimmers are current year USA Swimming registered. Non-electronic entries are not accepted
- Entry Fees:** \$3.25 per Individual event entry
\$5.00 per swimmer surcharge
***Entry fees are made payable to "Jupiter Dragons Parents Organization" JDPO (note: one check per team)**
- Refunds:** Once a team or individual entry has been received and processed, there will be no refunds in full or in part.
- Deck Entries:** THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present current USA Swimming Card in order to be entered.
- Seeding:** Eligible entries shall be seeded in the following order - Long Course Meters followed by Short Course Yards

- Distance Events:** 400 Free, 400 IM and 800 Free, for all ages will be swum alternating women than men, fastest to slowest. **All distance events are positive check in.**
For all positive check-in events, swimmers must provide their own timer and counters as needed.
- Awards:** Individual Events: Medals places: 1st – 3rd Ribbons places 4th – 8th
- Scoring:** This competition is not scored.
- Admission:** Admission - \$3.00 per session. Heat Sheets - \$3.00 per session.
- Head Referee:** Michelle Murasko
- Administrative Referee:** Scott Boggs
- Meet Director:** Kiril Zahareiv cell # 561-339-9959 E-mail - coachkiril@yahoo.com
- Meet Committee:** A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.
- Information:** Call the Teams Office at (561) 339-9959.
- Directions:** North County Aquatic Complex- 861 Toney Penna Drive, Jupiter-Florida 33458
Take I-95 to Exit 87A East (Jupiter/Indiantown Road) or Florida Turnpike to Exit 116 (Jupiter). Go east approximately two miles to Pennock Lane. Turn right/south on Pennock to Toney Penna (½ mile). Turn left on Toney Penna and left again into the pool parking lot. See map on page 6 or at www.jdswim.com/facility.htm

Order of Events

Session 1 - Friday April 24, 2015 Warm-up: 4:30 p.m. Meet Starts: 5:30 p.m.

Event Number	Event	Age Group
1-2	400 IM P/S/F ****	Open
3-4	400 Free P/S/F ****	Open

**P-Positive Check in/S-All Ages swim together and scored separately/F-Swim Fastest to Slowest Alternating Girls and Boys
**** - Event will be awarded separately (10&under, 11&12, 13&14 and 15&Over)**

Session 2 - Saturday April 25, 2015 Warm-up: 7:30 a.m. Meet Starts: 8:30 a.m.

Event Number	Event	Age Group
5-6	200 Free ***	13 & Over
7-8	100 Fly ***	13 & Over
9-10	50 Breast ***	13 & Over
11-12	50 Free ***	13 & Over
13-14	200 IM ***	13 & Over
15-16	100 Back ***	13 & Over
17-18	200 Breast ***	13 & Over

***** - Event will be awarded separately (13&14 and 15&Over)**

Session 3 - Saturday April 25, 2015 Warm-up: 12:00 p.m. Meet Starts: 1:00 p.m.

Event Number	Event	Age Group
19-20	200 Free *	12 & Under
21-22	100 Fly *	12 & Under
23-24	50 Breast *	12 & Under
25-26	50 Free *	12 & Under
27-28	200 IM *	12 & Under
29-30	100 Back *	12 & Under
31-32	200 Breast	11 & 12

*** - Event will be awarded separately (10&under and 11&12)**

Session 4 - Sunday April 26, 2015 Warm-up: 7:30 a.m. Meet Start: 8:30 a.m.

Event Number	Event	Age Group
33-34	100 Free ***	13 & Over
35-36	100 Free *	12 & Under
37-38	50 Back ***	13 & Over
39-40	50 Back *	12 & Under
41-42	50 Fly ***	13 & Over
43-44	50 Fly *	12 & Under
45-46	100 Breast ***	13 & Over
47-48	100 Breast *	12 & Under
49-50	200 Back **	13 & Over
51-52	200 Fly **	11 & Over

* - Event will be awarded separately (10&under and 11&12)

** - Event will be awarded separately (11&12, 13&14 and 15&Over)

*** - Event will be awarded separately (13&14 and 15&Over)

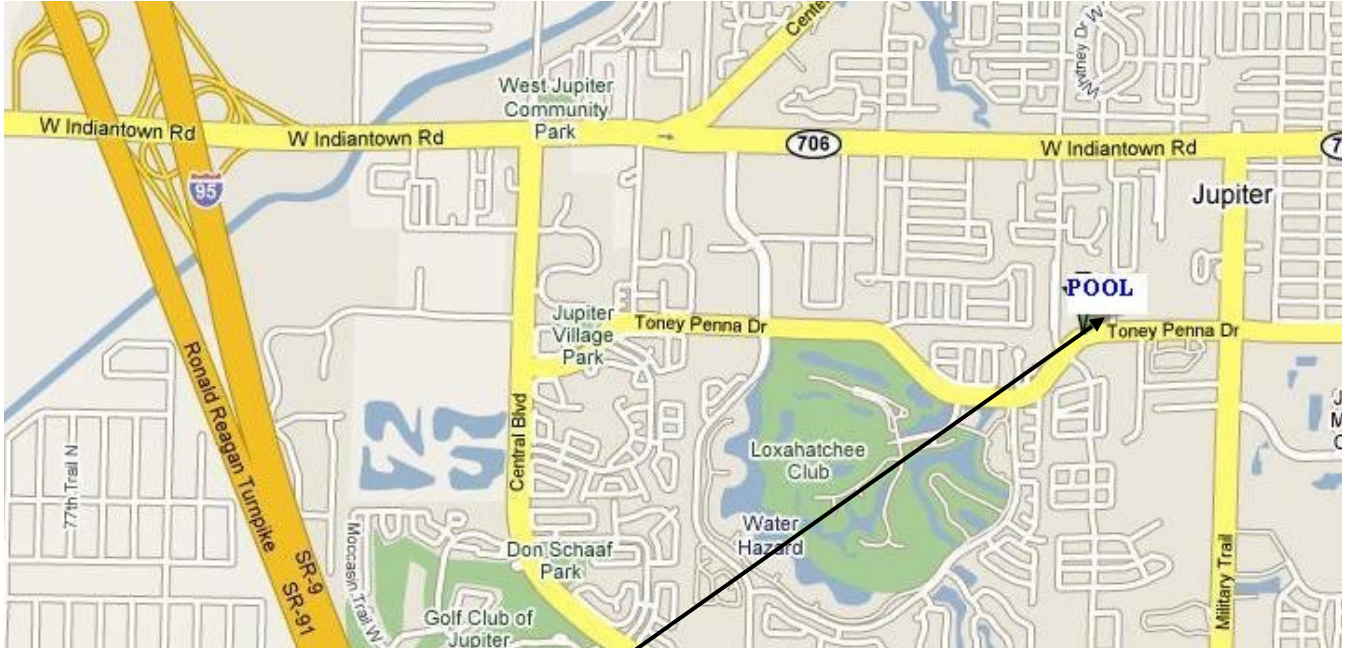
Session 5 - Sunday April 26, 2015 Start 10 minutes after session 4

Event Number	Event	Age Group
	10 Min Break	
53-54	800 Free P/S/F ****	Open

P-Positive Check in/S-All Ages swim together and scored separately/F-Swum Fastest to Slowest Alternating Girls and Boys

**** - Event will be awarded separately (10&under, 11&12, 13&14 and 15&Over)

Map to North County Aquatic Complex and Additional Parking at Jupiter High School



**North County Aquatic Complex,
861 Toney Penna Drive, Jupiter 33458.**

From the South:
Take I-95 to Exit 87-A East (Jupiter/Indiantown Road) or Florida Turnpike to Exit 116 (Jupiter). Go east approximately two miles to Pennock Lane. Turn right/south on Pennock to Toney Penna (½ mile). Turn left on Toney Penna and left again into the pool parking lot.

Additional parking in Jupiter High School.

The parking is located East on Toney Penna, just before Bank Atlantic on the North side. Look for a sign saying “Parking Swim Meet”

