

2014 Mike Horgan Fall Invitational Swim Meet

October 17-19, 2014

3645 Gun Club Rd.



- Sanctioned by:** Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.:
Sanction No. **FGI101714LLL-P-21**
- Sponsored by:** **Lake Lytal Lightning Swim Team**
- Rules:** 2013 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect. All Sessions are timed finals format
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
- Camera Free:** The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.
- Eligibility:** Open to all current 2014 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. ***“BB”+ times for qualification.*** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host **WILL NOT** be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.
- Disability Athletes:** All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations – 561-310-4924 gmand688@bellsouth.net
- Pool/Timing:** 25 yards x 50 meters heated outdoor pool, 10 **short-course** racing lanes with separate warm-up and swim-down lanes available. Colorado & Daktronics Timing System® will be used. Fly-over starts will possibly be used.
- The competition course has been certified in accordance with 104.2.2 (C).
Water depth at the start varies from 4’0” to 12’0” depending on lane assignment accordance with 202.3.7 (C).

Date & Time: Friday, Oct. 17, 2014
Session I - Timed Finals All Ages - Warm-up at 4:00 pm. Meet starts at 5:00 pm.

Saturday, Oct. 18, 2014
Session II – Timed Finals 13 & Over - Warm-up 7:00am. Meet starts at 8:30am
Session III-Time Finals 12 & Under-Warm up 10:30am (South side) Meet Start 11:30am

Sunday, Oct. 19, 2014
Session IV – Timed Finals 13 & Over - Warm-up 7:00am. Meet starts at 8:30am
Session V-Time Finals 12 & Under-Warm up 11am (South Side) Meet Starts 12pm

**Meet director reserves the right to change meet warm-up, and start times in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.*

Location: 3645 Gun Club. Rd. West Palm Beach, FL 33460

Directions: From I-95. Exit Southern Blvd. And Head West to Ramp towards Congress Ave. Take Congress Ave. south to 1st light. Take left onto Gun Club Rd. Travel approx. ½ mile to Lake Lytal Park entrance on right. Pool is located in Lake Lytal Park.
From Turnpike: Exit Southern Blvd. Head east approx. 5 miles to Military Trail. Take a right onto Military Trail to 1st light. Take left (east) onto Gun Club Rd. approx. 1 mile. Lake Lytal Park is on the left

Entry: All entries must be received by **Tuesday, Oct. 7, 2014. Finalized Psych Sheets posted/Heat Sheets Printed Wednesday, Oct. 15, 2014**
PLEASE enter electronically, NO MAILED entries.
For electronic entries (CL or SDIF format only!!)
E-mail to **gmand688@bellsouth.net**
Confirmation for electronic entries will be sent via e-mail.
**Submission of electronic entries signifies that all swimmers are USA registered.
Questions, please contact office at 561-310-4924

NOTE: Swimmers without registration numbers or birth dates will not be entered.
***** Entry Fees will be Double if not entered electronically.**

Seeding: All events will swum in a timed final format from slowest to fastest. **NOTE: Exceptions include those events 400y or greater which will be swum fastest to slowest alternating girls/boys. The 1650 will be swum fastest to slowest MIXED**

Entry Fees: \$ 3.50 per individual event

Relay Fees: \$ 7 per relay

Facility Surcharge: \$ 5 per swimmer

***Entry fees are made payable to “Lake Lytal Lightning” (note: one check per team)**

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

Entry Limit: 4 Individual Events per Day plus Relays

Awards: Individual Events: Medals places: 1-3 Ribbons places 4-10
Relay Events: Ribbons places: 1-3
All 13 & Over Awards will be on a Per Request Basis
Special High Point Awards: Girls/Boys 10 & U, 11-12, 13-14, 15 & Over

Distance Events: The 500 Free and 400 IM for all ages are timed finals (13 & Over – swum in prelims) and will be swum alternating women than men, fastest to slowest. **All distance events are positive check in.** For all positive check-in events, swimmers must provide their own timer and counters as needed. For the 1650 free in session 3 – timed finals, 12 & under swimmers will swim first MIXED, if needed, to stay within the 4 hour rule. After that swimmers will go fastest to slowest, MIXED.

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present current USA Swimming Card in order to be entered.

Head Referee: Debbie Bengtson

Adm. Official David McGrew:

Meet Director: Gordon Andrews

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: Admission - \$3 per session. Heat Sheets - \$3 per session.

Information: Call the Teams Office at 561-310-4924. Web: www.lightning-swimming.org

Session 1: Friday, October 17, 2014
Warm-up: 4:00pm Meet Start: 5:00pm

A 10 minute break following the 400 IM will take place if deemed necessary by meet committee

Event #	Event
1-2	OPEN 400 IM*+
3-4	OPEN 500 Free*+

Session 2: Saturday, October 18, 2014 Warm-up: 7:00am Meet Start: 8:30 am	Session 4: Sunday, October 19, 2014 Warm-up: 7:00am Meet Start: 8:30am
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Event #	Event	Event #	Event
5-6	13 & Over Med. R.	51-52	13 & Over 200 Free R.
7-8	13 & Over 200 Fr.	53-54	13 & Over 100 Free
9-10	13 & Over 200 Breast	55-56	13 & Over 100 Breast
11-12	13 & Over 200 IM	57-58	13 & Over 200 Back
13-14	13 & Over 50 Fr.	59-60	13 & Over 100 Fly
15-16	13 & Over 200 Fly	61	10 Minute Break
17-18	13 & Over 100 Back		13 & Over Mixed 1650 Free#

Session 3: Sat., October 18, 2014 Warm-Up: 10:30 Meet Start 11:30am	Session 5: Sunday, October 19, 2014 Warm-Up: 11am Meet Start 12pm
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19-20	10 & U. 200 Med. R.	63-64	11-12 200 Free R
21-22	11-12 200 Med. R.	65-66	10 & Und. 200 Fr.R
23-24	10 & Under 200 Fr.	67-68	11-12 100 Free
25-26	11-12 200 Fr.	69-70	10 & Under 100 Free
27-28	10 & Under 50 Breast	71-72	11-12 100 Breast
29-30	11-12 50 Breast	73-74	10 & Under 100 Breast
31-32	10 & Under 100 IM	75-76	11-12 50 Back
33-34	11-12 100 IM	77-78	10 & Under 50 Back
35-36	10 & Under 50 Fr.	79-80	11-12 200 IM
37-38	11-12 50 Fr.		
39-40	12 & Under 200 Breast	81-82	10 & Under 200 IM
41-42	10 & Under 50 Fly	83-84	11-12 100 Fly
43-44	11-12 50 Fly	85-86	10 & Under 100 Fly
		87-88	12 & Und 200 Back
45-46	10 & Und 100 Back		10 Minute Break
47-48	11-12 100 Back	89	12 & Und Mixed 1650 Fr!
49-50	12 & Under 200 Fly		

Positive Check-In 400 IM 4:30pm (Single age group, ranked separately, fastest to slowest, alt.

Women/men)

+ Positive Check-In 500 Free 4:30pm (Single age group, ranked separately, fastest to slowest, alt.

Women/men)

#Positive Check-In 1650 Free 9 am (ranked separately, seeded fastest to slowest, Mixed gender)

! Positive Check In 1650 Free 1:30pm (Seeded Fastest to Slowest, Mixed Gender)

Hotels:

Holiday Inn – Palm Beach Airport
1301 Belvedere Rd
West Palm Beach, FL 33405
1-800-315-2621

Hilton – Palm Beach Airport
150 Australian Ave
West Palm Beach, FL 33406
561-684-9100

Courtyard Marriott
1800 Centrepark Dr. East
West Palm Beach, FL 33401
561-207-1800
561-472-5956

Hilton Gardens
1611 Worthington Rd
West Palm Beach, FL 33409

Stay Inn
1505 Belvedere Rd,
West Palm Beach, FL 33406
(561) 471-8700
Rates \$63 Ask for Jay Van Splinter