Rev. 11/22/13



2013-14 Arena Grand Prix Series Orlando, FL February 13-15, 2014 YMCA Aquatic Center

THIS MEET WILL BE CAPPED AT 600 SWIMMERS

- Swimmers who are members of USA Swimming and have one or more qualifying standards in individual events may enter the meet through USA Swimming's OME system (<u>usaswimming.org/ome</u>) on a first-come basis until the entry cap is reached **beginning Tuesday, September 24, 2013 at 11:00 am Central Time**, and may enter any number of events.
- > The following athletes will be exempt from the entry cap and may enter any number of events *until the entry deadline*;
 - o Any athlete ranked in the top 50 in the world in one or more individual events during the previous 24 month period
 - Any U.S. athlete ranked in the top 50 in the U.S. in one or more individual events during the previous 24 month period
 - o Any U.S. National Team member from the previous 24 month period
 - Any U.S. Junior National Team member from the previous 24 month period
- Foreign swimmers (those who are not members of USA Swimming) who have one or more qualifying standards in individual events may enter the meet via e-mail to Anthony Buhr (abuhr@usaswimming.org) on a first-come basis until the entry cap is reached beginning Wednesday, September 25, 2013 at 11:00 am Central Time (24 hours after U.S. entries open), and may enter any number of events.
- > Any swimmer who has one or more qualifying standards in individual events may enter any number of additional events.
- > The entry deadline is 11:59 pm on Tuesday, February 4, 2014 or as soon as the entry cap is reached. Qualification period is 24 months prior to the entry deadline. Entries are not accepted until they have been officially submitted in the OME system.

HOST Florida Swimming, Inc.

SANCTION This meet is Sanctioned by USA Swimming.

ELIGIBILITYThis meet is open to all swimmers who are members of USA Swimming or their respective FINA federation, and who have achieved the published time standard. The qualifying period is 24 months prior to the entry

deadline. This meet will be capped when the entries reach 600 swimmers. Any swimmer who has one or more times which were ranked in the top 50 of the World Rankings during the past year is exempt from the

entry cap, provided their entries are received by the entry deadline.

FORMAT This meet will be conducted in LCM. All individual events except the 800/1500 freestyles will be conducted

on a Preliminaries and Finals basis. At the Meet Referee's discretion, preliminary sessions may be conducted in flights, with the fastest seven heats of events 200m or less, and the fastest five heats of 400m events in the "A" flight, and all remaining heats in the "B" flight. "A" flights will be concluded each morning prior to beginning the "B" flights. The top 32 swimmers from preliminaries will advance to finals. Eight swimmers will qualify for an A, B, C, and D heat in the Finals. In the Finals, the B heat will swim first, followed by the A heat. After all the A and B heats are completed, the D heat will be swum, followed by the C heat. All but the fastest two seeded heats of relays will be swum in the preliminary sessions. The fastest

two seeded relay heats in each event will be swum at the end of the "A/B" finals session.

SEEDING Events shall be seeded in order of LCM, equivalent SCY, non-conforming LCM, non-conforming SCY.

SCHEDULE Prelims: 9:00 a.m. Local Time

Finals: 6:00 p.m. Local Time

Practice will be available 7:00am-9:00pm local time beginning two days prior to the competition.

TECHNICAL MEETING

A technical meeting will be held at the pool at 5:00 pm Wednesday. Details and Information discussed at this meeting will be emailed to all coaches and posted on the USA website immediately following the meeting. Coaches are responsible for all information presented and/or included in this posted information.

DISTANCE EVENTS

The 800/1500 freestyle events will swim as Timed Finals, with the fastest heat of each event in the Finals; all other heats will swim fastest to slowest, alternating women and men, following the Prelims.

RULES

Unless otherwise noted herein, this meet shall be conducted in accordance with current USA Swimming Rules and Regulations. Please note that use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. A Meet Committee consisting of at least one official, one coach, and one athlete will be appointed by the Meet Referee to review conflicts arising from administrative matters.

WARM UP

Feet-first entries only, except in designated lanes and times. Violations may result in disqualification from next individual event or expulsion from the meet. More detailed warm up procedures will be distributed at registration and during the Technical Meeting.

SCORING

There will be no team scoring for this event.

AWARDS AND PRIZE MONEY

There will be no awards at this meet, however \$150,000 in overall prize money will be awarded throughout the Arena Grand Prix Series. At this competition, \$500 will be awarded for each first place finish, \$300 for second, and \$100 for third in all individual Olympic-distance events.

ENTRIES

A swimmer may enter as many events as he or she wishes, provided that he or she has met the qualifying requirements, however each swimmer may only participate in a maximum of seven individual events, with no more than three individual events per day. At the Meet Referee's discretion, distance events may be limited to the six fastest-seeded heats of men and women.

FOREIGN ENTRIES

Foreign swimmers who are members of USA Swimming may enter through the OME system according to the entry dates on page one, provided the entry cap has not been reached. Foreign swimmers who are not members of USA Swimming cannot use the OME system, and should contact the Anthony Buhr at USA Swimming to submit entries. Foreign federations and clubs should contact USA Swimming as soon as possible for a formal invitation to the meet. For additional assistance with entries, please contact Anthony Buhr at abuhr@usaswimming.org or 719-866-4578.

ENTRY FEES

Individual Events \$10.00 per event Relays \$20.00 per event Coach Credential \$20.00 per coach

RELAYS

All but the fastest two seeded heats of relays will be swum in the preliminary sessions. The fastest two seeded relay heats in each event will be swum at the end of the "A/B" finals session. Relay-only swimmers will be allowed in this meet, but will not be allowed to swim in time trials. Each team may enter a maximum of two relays in each event.

COACH CREDENTIALS

Credentials for coaches, managers and chaperones shall be issued to those persons listed on the submitted team entry through OME, according to the following formula, whether comprised of one or both sexes. Managers and trainers must be included in this formula and on the entry form to receive a deck pass. Athletes entered in the meet will receive a deck pass as part of their entry fee. There is a surcharge of \$20 per person for spectator passes. All others will be required to purchase individual tickets. For clubs that wish to bring one certified massage therapist with their teams, a \$50 surcharge will apply if the massage therapist exceeds the deck pass formula below. These funds shall become the property of the meet host. All massage therapists must be non-athlete members of USA Swimming.

- 1-3 swimmers in individual events: 1 deck pass; 1 spectator pass.
- 4-6 swimmers in individual events; 2 deck passes; 1 spectator pass.
- 7-9 swimmers in individual events; 3 deck passes; 1 spectator pass.
- 10-20 swimmers in individual events; 4 deck passes; 2 spectator passes.
- 21-30 swimmers in individual events; 5 deck passes; 2 spectator passes.
- 31-40 swimmers in individual events; 6 deck passes; 3 spectator passes.
- 41-50 swimmers in individual events; 7 deck passes, 3 spectator passes.
- 51 or more swimmers in individual events; 9 deck passes; 5 spectator passes.
- Unattached swimmers with a team shall be included in above schedule even if listed on separate entry blank.
- Unattached swimmers not with a team: 1 deck pass; 1 spectator pass

SWIMMERS WITH DISABILITIES

Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit the host's ability to accommodate all requests.

CHECK-IN

Positive check-in is required for all events over 400m and all relays. Swimmers entered in the distance freestyle events may indicate their preference to swim the event in the preliminary session. The top eight swimmers who state no preference shall be seeded to compete in the finals. In order to make their designation, swimmers or their coaches must mark on the positive check-in sheet their preference to swim during preliminaries. The swimmers or coach should CLEARLY write "AM" next to their name when they check-in if they desire to swim in the preliminaries. Positive check-in is due prior to the scratch deadline in order to be seeded. All relay cards are due to the Administrative Referee no later than 30 minutes following the start of finals for each night's relays.

SCRATCHES

Scratches for day 1 events are due to the Administrative Referee 15 minutes after the conclusion of the technical meeting or by email to Meet Director - mhellervikbing@hotmail.com. All subsequent day's events scratches are due 30 minutes after the start of finals.

SCRATCH PENALTY

There is no penalty for failing to compete in a preliminary, timed final, or relay heat, except an individual event in which a swimmer has not scratched prior to the appropriate deadline will be counted toward that swimmer's seven-event limit. A swimmer qualifying for an A, B, C, or D Final who fails to compete shall be barred from the remainder of the meet, unless excused by the Meet Referee.

TIME TRIALS

Time Trials may be conducted at the discretion of the Meet Referee. Entry fees for time trials will be the same as the meet entry fees. Time trials count toward a swimmer's individual event total for each day, but not the meet total. Athletes may need to provide their own lane timer and lap counter for time trial events.

SAFETY

Marshals will be in place during warm-up periods and USA Swimming safety rules will be in effect. A warm-up schedule will be posted in the venue. It is the responsibility of the swimmer or of the swimmer's legal guardian to ensure compliance USA Swimming safety procedures.

OFFICIALS' INFO

An officials' meeting will be held one hour prior to each session at the pool. This meet has been designated as a National Qualifying Meet to all officials who wish to and are eligible to be evaluated for advancement or re-certification. Request for evaluation should be made to the meet referee.

HOTELS

USA Swimming has partnered with Pse Tournament Housing to provide attendees/groups with the best available rates. Hotels have been carefully selected to ensure quality and are within close proximity to the venue(s). Rooms will book up quickly so please book well in advance. Book by phone at 888-417-6446 or view hotels and book online at:

https://pse.tournamenthotels.com/GroupBlocking.aspx?eid=u95gWuRUkEWdhlqG5LD5hw

EVENT PERSONNEL

REFEREE: Clark Hammond <u>clarkhammond2797@gmail.com</u> 205-910-5390
MEET DIRECTORS: Melissa Hellervik-Bing <u>mhellervikbing@hotmail.com</u> 407-808-2683
Helen Kelly <u>flsoffice2@aol.com</u> 352-242-5145

BROADCAST STATEMENT Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of USA Swimming.

IMAGE AUTHORIZATION All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions. All participants agree not to use or authorize use of pictures in the uniforms and equipment provided by USA Swimming for the purpose of trade, without the consent of USA Swimming. All participants agree not to use medals or photos, or portraits or films with the medals, which are received for performances in this competition, for the purpose of trade. Furthermore, participants agree to return these uniforms and equipment, bearing USA Swimming logos and marks, if and when requested.

LIABILITY

USA Swimming, the LSC, the facility, and the host organization shall accept no responsibility for liability or injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in this event. Damage to the facility, when proved, will cause the offending participant, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs. All participants and guests must adhere to the facility rules and coaches must supervise their swimmers at all times. Glass containers are not permitted in the facility. Children must be supervised at all times.

DOPING CONTROL

Doping Control may occur at this competition. All athletes competing in the meet are eligible to be tested. All athletes should check the status of all medications they consume at the US Anti-Doping Agency's (USADA)

Drug Reference website (<u>usantidoping.org/dro</u>). Documentation may be required to be submitted well in

advance of the meet.

DECK CHANGING Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms

or other designated areas is not appropriate and is prohibited.

AUDIOVISUAL EQUIPMENT Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

ABOUT THE FACILITY

The YMCA Aquatic Center address is 8422 International Drive Orlando, FL 32819. Phone number is 407-363-1911. The venue consists of an eight-lane 50-meter competition course with non-turbulent lane lines. Warm-up/down is available in the adjacent diving well. Water depth at the start and turn ends of the competition pool is seven feet. The competition course has been certified in accordance with 104.2.2C(4), and a copy of such certification is on file with USA Swimming. Timing will be conducted with a Colorado Timing System and Aqua Grip touchpads. Paragon Track Start Plus+ starting blocks with adjustable back plate and side grips will be used. An LED video board will display times and results.

DIRECTIONS TO POOL FROM AIRPORT - Follow airport signage to State Road 528 West towards Orlando (toll road)

- Take Exit 1 International Drive

- Turn right at end of ramp onto International Drive north

- Follow International Drive for 1.9 miles

- Turn left on Austrian Court or Jamaican Court

- YMCA Aquatic Center is located behind the Radisson Hotel (Jamaican Court) and Metropolitan Hotel

(Austrian Court), adjacent to I-4.

Athlete lockers and locker rooms are located on the east side of the pool beneath the grandstands. Coach

and Official restrooms and lockers are located near the Event Conference Room behind the one-meter

springboard diving platforms.

MEDICAL ASSISTANCE Medical assistance will be provided by Physicians Associates of Florida, in conjunction with Orlando Regional Medical Center. Please visit <u>orlandograndprix.org</u> for emergency medical waiver and hospital transport authority forms for optional use by minors not accompanied by parents or guardians.

CONCESSIONS

Concessions will be provided by gourmet food trucks located next to the facility's spectator entrance. Daily menus will be posted on <u>orlandograndprix.org</u>. After the meet visit the website to vote for your favorite Food

Truck and favorite menu item.

HOSPITALITY A hospitality area for the coaches and officials will be located adjacent to the pool deck.

PARKING Parking is available at the facility for a \$5 charge per session. Extended-sized vehicles and team busses

may drop off at the Athlete/Coach entrance but must park in the Goodings Plaza parking lot on the east

corner of International Drive and Mercado Way (across from Jamaican Court).

WIRELESS INTERNET ACCESS

Wireless internet is available for swimmers, coaches, spectators and volunteers.

TICKETS Single-session admission including a Heat Sheet: \$15.00

Children under eight: \$5.00 Additional Heat Sheets: \$5.00 Psych Sheets: \$10.00

Psych Sheets will be available in electronic format at usaswimming.org/grandprix

All-Session Pass, including Heat Sheets for all sessions: \$65.00

CAMERA ZONES

Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography and video photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side courses of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start-end," etc. Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.

TEAM CATERING & THEME PARK TICKETS Information and contact points for discounted theme park tickets can be found by visiting *orlandograndprix.org*. Team meal catering options can also be found on the event website.



2013-14 Arena Grand Prix Series February 13-15, 2014 YMCA Aquatic Center, Orlando, FL Long Course Meters

Qualifying Standards

WOMEN				MEN		
SCY	LCM	EVENT #	EVENTS	EVENT #	LCM	SCY
			Day 1			
1:51.99	2:07.99	1	200 Freestyle	2	1:58.69	1:42.39
1:05.59	1:15.79	3	100 Breaststroke	4	1:08.99	58.89
57.19	1:04.69	5	100 Butterfly	6	58.59	51.09
4:28.99	5:07.99	7	400 Individual Medley	8	4:43.99	4:04.99
3:33.69	4:03.99	9	400 Free Relay	10	3:42.89	3:11.89
			Day 2			
2:05.79	2:22.39	11	200 Butterfly	12	2:10.79	1:53.89
23.99	27.59	13	50 Freestyle	14	24.89	21.49
57.79	1:06.99	15	100 Backstroke	16	1:00.89	52.09
4:57.99	4:29.09	17	500y/400m Freestyle	18	4:11.29	4:38.19
2:22.59	2:43.29	19	200 Breaststroke	20	2:30.19	2:08.49
7:50.69	8:45.79	21	800 Free Relay	22	8:02.89	7:00.89
			Day 3			
10:15.69	9:14.39	23	W 1000y/800m Freestyle	-	8:44.09*	9:36.89*
2:06.29	2:25.39	24	200 Individual Medley	25	2:13.19	1:54.79
2:03.79	2:23.59	26	200 Backstroke	27	2:12.19	1:52.99
52.09	59.59	28	100 Freestyle	29	53.99	46.79
17:06.39*	17:41.39*	-	M 1650y/1500m Freestyle	30	16:34.49	16:05.99
3:55.79	4:31.19	31	400 Medley Relay	32	4:06.09	3:32.99

^{*}Swimmers may qualify for the distance freestyle events with any of the 1650y, 1500m, 1000y, or 800m qualifying standards.



2013-14 Arena Grand Prix Series
Minneapolis, MN November 14-16, 2013
Austin, TX January 17-19, 2014
Orlando, FL February 13-15, 2014
Mesa, AZ April 24-26, 2014
Charlotte, NC May 15-18, 2014
Santa Clara, CA June 19-22, 2014