



SOFLO SIZZLER
June 20, 2014
Academic Village Pool, Pembroke Pines

- Sanctioned by:** Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. FGS062014SOFL-B-18
- Sponsored by:** South Florida Aquatic Club and Comets Swim Team Booster Club
- Rules:** 2014 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee will be in effect.
- Deck Change:** Except where venue facilities require otherwise, changing into or out of swim suits other than locker rooms or other designated areas is prohibited.
- Camera Free:** The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.
- Eligibility:** Open to all current 2014 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3 The Meet Host will **NOT** be accepting new or renewing USA Swimming registrations at the meet. All USA registrations must be done prior to the start of the competition.

Disability: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations. Call 954-538-3721 or email: info@swim4comets.com

Pool/Timing: 8 lanes, 25 yard short course heated outdoor pool. Separate warm-up/warm-down lanes available during competition. Colorado Timing System® and Hy-Tek Meet Manager software will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2 (C). Certification is on file with USA Swimming. The pool depth at the starting end varies from 6'7" to 8'6" depending on lane assignment in accordance with 202.3.7. (C).

Officials: If you know that you will be attending this meet and will be available, please email the meet referee, Allan Golding (allan.c.golding@comcast.net), and let him know your level of certification and team. This is for pre-meet planning purposes only. All officials are welcome to work. Check in at the Starter's tent 30 minutes before the start of the session.

Date & Time: Friday, June 20th, 2014. Warm Up – 5:00pm Meet Starts – 5:30pm

****Meet director reserves the right to change meet warm-up and start times in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.***

Location: Academic Village Swimming Pool
17191 Sheridan Street, Pembroke Pines, FL 33331.
Enter from 2nd right entrance on 172nd and free parking is located at the West end of the swimming pool.

Directions: **Coming from the North:** Take I-595 West to I-75 South. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. The entrance to Academic Village is the **2nd turn on the RIGHT hand side.**
Coming from the South: Take SR-826 South to I-75 North. Take the Sheridan Street WEST Exit 11B. Drive about 1 mile, and make a right at 172nd Ave. The entrance to Academic Village is the **2nd turn on the RIGHT hand side.**

Entry Deadline: All entries must be received by **Wednesday, June 11th, 2014.** PLEASE enter electronically. NO MAILED entries accepted. For electronic entries (CL or SDIF format only!): email entries to: info@swim4comets.com Confirmation of electronic entries will be sent via email. **Submission of electronic entries signifies that all swimmers are USA registered. All entry fees must be paid before the start of the first event. For faxed entries send to (954) 392-4109. Please call the swim office at (954) 538-3721 to confirm faxed entries.

NOTE: Swimmers without registration numbers or birth dates will not be entered. ** Entry Fees will be double if not entered electronically.

Entry Fees: \$9.00 flat fee per swimmer

***Entry fees are made payable to "Comets Swim Team" (note: one check per team) If meet fees are paid by credit card there will be a 2% surcharge**

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

Entry Limit: Four (4) individual events plus 1 relay event per swimmer

Awards: **Individual:** 1st – 8th Ribbons **Relays:** 1st – 3rd Ribbons

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org All deck entered swimmers must present current USA Swimming Card in order to be entered.

Head Referee: Allan Golding

Meet Director: Chris Anderson

Admin Official: Nestor Mateus

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: Admission - \$2.00. Heat Sheets - \$2.00.

Information: Call the SOFLO Swim Office at (954) 538-3721.

ORDER OF EVENTS

| | GIRLS odd #'s | BOYS even #'s |
|----------------|---------------|----------------|
| Event # | Age | Event |
| 1-2 | 6 & Under | 25 Fly |
| 3-4 | 7-8 | 25 Fly |
| 5-6 | 6 & Under | 25 Back |
| 7-8 | 7-8 | 25 Back |
| 9-10 | 6 & Under | 25 Breast |
| 11-12 | 7-8 | 25 Breast |
| 13-14 | 6 & Under | 25 Free |
| 15-16 | 7-8 | 25 Free |
| 17-18 | 8 & Under | 100 Free Relay |