

Florida Gold Coast Central/Area 2 Developmental Championships
March 1-2, 2014

Sanctioned By: Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.
Sanction No. **FGA030114SUN-B-7**

Sponsored By: Sunrise Swimming Booster Club, City of Sunrise, Sunrise Swimming

Location: City of Sunrise Civic Center, 10610 West Oakland Park Blvd., Sunrise, FL 33351

Dates & Time:

| | | | | | |
|--------------------|----------------|-----------------|----------------------|-------------------------|-----------------------|
| Session I | Prelims | Saturday | March 1, 2014 | Warm-up – 7:00AM | Start – 8:30AM |
| Session II | Finals | Saturday | March 1, 2014 | Warm-up – 4:30PM | Start – 6:00PM |
| Session III | Prelims | Sunday | March 2, 2014 | Warm-up – 7:00AM | Start – 8:30AM |
| Session IV | Finals | Sunday | March 2, 2014 | Warm-up – 4:30PM | Start – 6:00PM |

*Note: the Start times for this meet may be adjusted following receipt of all entries
with approval of the Age Group Chairman*

Pool / Timing: 25 yard x 50 meters heated outdoor pool, 8 **short-course** racing lanes with separate warm-up and swim-down lanes available. Daktonics Timing System® will be used. Fly-over starts will possibly be used.
The competition course has been certified in accordance with 104.2.2 (C).
Water depth at the start varies from 0’0” to 0’0” depending on lane assignment accordance with 202.3.7 (C).

Camera Free: The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.

Rules: 2014 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA swimming and as recommended by the referee will be in effect.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Disability: All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations – 954-747-4635 [or coachsun1@aol.com](mailto:coachsun1@aol.com)

Eligibility: Open to all 14 & under, 2014 USA Swimming FGC registered athletes in Area 2 and foreign athletes with proper travel credential that have been invited by USA swimming. Athletes who wish to join USA Swimming may do so by follow the standard FGC Deck Entry procedure (available at www.fgcswim.org) that is also available for any eligible swimmer.

- **14 & Under Swimmers must not have achieved an FGC Junior Olympic time in the event in which he/she is entered in.**
- Any swimmer entered in the meet must be certified by a USA Swimming member Coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3
- Swimmers may not enter any event in which they have achieved a qualifying time in the course in which this event is being held.
- Teams entering and swimming athletes who have achieved qualifying times will be subject to a \$50 fine per swim.
- Swimmers who age up between the first day of this meet and the start of the FGC Junior Olympics may choose to swim up an age group in this meet to earn a Junior Olympic standard in any event they are not yet qualified. Coaches must enter these athletes on the team roster and contact the Meet Manager to place them specifically in any such event.
- The Meet Host (**WILL NOT**) be accepting New or Renewing USA Swimming registrations at the meet. All USA Registrations must be done prior to the start of the competition.

Entry Deadline: Entries Close - **Monday – February 17, 2014**

Entry Limit: Three (3) individual events per day (unlimited relays)

Entry Procedure: **Hy-Tek electronic entry system is required.** Please enter electronically. Use Active.com for electronic entries.

If you need assistance with the entries, contact your child's coach.

Entry Fees: \$4.00 per Individual event entry; \$5.00 Coaching Surcharge
\$8.00 per Relay event entry
\$7.50 per swimmer surcharge

Entry fees are made payable to "CSSC" (one check per team)

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part.

Seeding: Standard Championship seeding will be used for Prelim/Final events. Entries will be seeded with SCY.

Relays: A & B relays are permitted. Any swimmer who is legally entered in this meet can swim any leg on any relay.

Finals: A single Championship Final will be swum in all Prelim/Final events.

Distance Events: All events 400 and longer will be **positive check-in.**

- 200 of strokes and 500 free are swum in the AM session. Will be combined and scored separately. These events are swum fastest to slowest – alternating girls than boys.
- 400 IM and 1650 free are swum 30 min. after the evening finals. Will be combined and scored separately. These events are swum fastest to slowest – alternating girls than boys.

Awards: Individual Events: Medals 1st - 3rd and Ribbons 4th – 8th
Relays Events: Ribbons 1st – 3rd

Scoring: This competition is not scored.

Admission: \$3.00 per person per session. Heat Sheets - \$3.00 each session

Concessions: Concession stand will be open for all sessions.

Hospitality: Refreshments and hospitality for coaches / officials / volunteers will be available.

Referee: Ed Henderson

Meet Marshall: City of Sunrise Lifeguard Staff

Meet Director: Dave Wathen, 954-747-4635, coachsun1@aol.com

Directions: From the east, take Oakland Park Blvd to just west of Nob Hill Road. Turn left into Civic Center after Safety Complex. From the south, take Nob Hill Road north to Oakland Park Blvd. Turn left on Oakland, and left again into Civic Center after Safety Complex. Follow signs to pool

Order Of Events

* = Timed Final Events – Swum in Finals
 ** = Timed Final Events – Swum in Prelims
 All Time Standards are “Slower Than”

Session I - Prelims- Saturday March 1, 2014 Warm-up: 7:00am Meet Starts: 8:30am

| Girls Event # | SCY | Age Group | Event | SCY | Boys Event # |
|---------------|---------|------------------|------------------|---------|--------------|
| 1 | 1:23.79 | 10 & Under | 100BK | 1:24.09 | 2 |
| 3 | 1:14.69 | 11-12 | 100BK | 1:14.79 | 4 |
| 5 | 1:07.09 | 13-14 | 100BK | 1:03.09 | 6 |
| 7 | 37.69 | 10 & Under | 50FL | 38.19 | 8 |
| 9 | 32.89 | 11-12 | 50FL | 33.69 | 10 |
| 11 | 31.39 | 13-14 | 50FL | 28.89 | 12 |
| 13 | 1:34.39 | 10 & Under | 100BR | 1:36.19 | 14 |
| 15 | 1:23.69 | 11-12 | 100BR | 1:23.29 | 16 |
| 17 | 1:16.59 | 13-14 | 100BR | 1:10.79 | 18 |
| 19 | 32.89 | 10 & Under | 50FR | 33.39 | 20 |
| 21 | 30.39 | 11-12 | 50FR | 29.39 | 22 |
| 23 | 26.99 | 13-14 | 50FR | 25.99 | 24 |
| 25 | 2:40.39 | 10 & Under | 200FR | 2:39.39 | 26 |
| 27 | 2:22.19 | 11-12 | 200FR | 2:18.79 | 28 |
| 29 | 2:06.49 | 13-14 | 200FR | 2:03.89 | 30 |
| 31 | 1:23.39 | 10 & Under | 100IM | 1:24.39 | 32 |
| 33 | 1:15.09 | 11-12 | 100IM | 1:13.09 | 34 |
| 35 | NT | 10 & Under | 200 Free Relay** | NT | 36 |
| 37 | NT | 11-12 | 200 Free Relay** | NT | 38 |
| 39 | NT | 13-14 | 200 Free Relay** | NT | 40 |
| | | 10 Minute | Break | | |
| 41 | 2:40.39 | 11-12 | 200FL** | 2:40.69 | 42 |
| 43 | 2:27.79 | 13-14 | 200FL** | 2:17.49 | 44 |
| | | 10 Minute | Break | | |
| 45 | 6:58.39 | 10 & Under | 500FR** | 7:02.29 | 46 |
| 47 | 6:17.99 | 11-12 | 500FR** | 6:12.59 | 48 |
| 49 | 5:38.29 | 13-14 | 500FR** | 5:33.89 | 50 |

Session II – Finals Saturday March 1, 2014 - Warm-up: 4:30pm Meet Starts: 6:00pm

| Event Number | Event | Age Group | Event Number | Event | Age Group |
|--------------|------------|------------|--------------|----------|------------|
| 1-2 | 100 Back | 10 & Under | 19-20 | 50 Free | 10 & Under |
| 3-4 | 100 Back | 11-12 | 21-22 | 50 Free | 11-12 |
| 5-6 | 100 Back | 13-14 | 23-24 | 50 Free | 13-14 |
| 7-8 | 50 Fly | 10 & Under | 25-26 | 200 Free | 10 & Under |
| 9-10 | 50Fly | 11-12 | 27-28 | 200 Free | 11-12 |
| 11-12 | 50 Fly | 13-14 | 29-30 | 200 Free | 13-14 |
| 13-14 | 100 Breast | 10 & Under | 31-32 | 100 IM | 10 & Under |
| 15-16 | 100 Breast | 11-12 | 33-34 | 100 IM | 11-12 |
| 17-18 | 100 Breast | 13-14 | | | |

Finals Saturday March 1, 2014 – 30 minutes after last Final event

| Girls Event # | SCY | Age Group | Event | SCY | Boys Event # |
|---------------|---------|-----------|--------|---------|--------------|
| 51a | 5:41.09 | 11-12 | 400IM* | 5:41.79 | 52a |
| 51b | 5:15.89 | 13-14 | 400IM* | 4:55.69 | 52b |

Order Of Events

* = Timed Final Events – Swum in Finals
 ** = Timed Final Events – Swum in Prelims
 All Time Standards are “Slower Than”

Session III – Prelims - Sunday - (March 2, 2014) Warm-up: 7:00am Meet Starts: 8:30am

| Girls Event # | SCY | Age Group | Event | SCY | Boys Event # |
|---------------|---------|------------------|---------------------|---------|--------------|
| 53 | 1:13.39 | 10 & Under | 100FR | 1:14.19 | 54 |
| 55 | 1:05.09 | 11-12 | 100FR | 1:03.89 | 56 |
| 57 | 58.69 | 13-14 | 100FR | 56.89 | 58 |
| 59 | 2:58.19 | 10 & Under | 200IM | 3:01.69 | 60 |
| 61 | 2:40.39 | 11-12 | 200IM | 2:37.79 | 62 |
| 63 | 2:28.49 | 13-14 | 200IM | 2:18.79 | 64 |
| 65 | 38.99 | 10 & Under | 50BK | 39.79 | 66 |
| 67 | 34.29 | 11-12 | 50BK | 35.09 | 68 |
| 69 | 31.49 | 13-14 | 50BK | 29.49 | 70 |
| 71 | 1:27.29 | 10 & Under | 100FL | 1:28.79 | 72 |
| 73 | 1:14.49 | 11-12 | 100FL | 1:14.59 | 74 |
| 75 | 1:06.59 | 13-14 | 100FL | 1:01.89 | 76 |
| 77 | 42.99 | 10 & Under | 50BR | 44.89 | 78 |
| 79 | 38.49 | 11-12 | 50BR | 38.89 | 80 |
| 81 | 36.29 | 13-14 | 50BR | 33.39 | 82 |
| 83 | NT | 10 & Under | 200 Medley Relay ** | NT | 84 |
| 85 | NT | 11-12 | 200 Medley Relay ** | NT | 86 |
| 87 | NT | 13-14 | 200 Medley Relay ** | NT | 88 |
| | | 10 Minute | Break | | |
| 89 | 2:37.79 | 11-12 | 200BK** | 2:38.29 | 90 |
| 91 | 2:24.29 | 13-14 | 200BK** | 2:15.79 | 92 |
| | | 10 Minute | Break | | |
| 93 | 3:00.39 | 11-12 | 200 BR** | 2:57.39 | 94 |
| 95 | 2:46.29 | 13-14 | 200 BR** | 2:34.69 | 96 |

Session IV – Finals – Sunday - (March 2, 2014) - Warm-up: 4:30pm Meet Starts: 6:00pm

| Event Number | Event | Age Group | Event Number | Event | Age Group |
|--------------|----------|------------|--------------|-----------|------------|
| 53-54 | 100 Free | 10 & Under | 69-70 | 50 Back | 13-14 |
| 55-56 | 100 Free | 11-12 | 71-72 | 100 Fly | 10 & Under |
| 57-58 | 100 Free | 13-14 | 73-74 | 100 Fly | 11-12 |
| 59-60 | 200 IM | 10 & Under | 75-76 | 100 Fly | 13-14 |
| 61-62 | 200 IM | 11-12 | 77-78 | 50 Breast | 10 & Under |
| 63-64 | 200 IM | 13-14 | 79-80 | 50 Breast | 11-12 |
| 65-66 | 50 Back | 10 & Under | 81-82 | 50 Breast | 13-14 |
| 67-68 | 50 Back | 11-12 | | | |

Finals Sunday (March 2, 2014) – 30 minutes after last Final event

| Girls Event # | SCY | Age Group | Event | SCY | Boys Event # |
|---------------|----------|-----------|------------|----------|--------------|
| 97a | 21:59.99 | 11-12 | 1650 Free* | 21:44.79 | 98a |
| 97b | 19:21.69 | 13-14 | 1650 Free* | 19:15.69 | 98b |

**Florida Gold Coast Central/Area 2 Short Course Time Trial
March 1-2, 2014**

Sanctioned by: USA Swimming and Florida Gold Coast Swimming. **Sanction # FGA030114SOFL-B-7**

Sponsored by: Sunrise Swimming Booster Club, Sunrise Swimming, City of Sunrise

Dates and Time: Saturday – (March 1, 2014) - 15 minutes after the conclusion of prelims.
Sunday - (March 2, 2014) - 15 minutes after the conclusion of prelims.

Course/Timing: (25 yard x 50 meters heated outdoor pool, 8 **short-course** racing lanes with separate warm-up and swim-down lanes available. Daktonics Timing System® will be used. Fly-over starts will possibly be used.
The competition course has been certified in accordance with 104.2.2 (C).
Water depth at the start varies from 0'0" to 0'0" depending on lane assignment accordance with 202.3.7 (C).

Entry Limit: Swimmers are limited to no more than 3 events per day including the events they participated in at the Area Developmental Championships. Swimmers not in the Area Developmental Championships can swim 3 events per day.

Entry Fees: \$5.00 per Individual Event \$10.00 per Relay

Entries: Entry cards will be filled out on deck.

Eligibility: Open to all currently registered USA Swimming athletes.

Awards: None (other than fast times and satisfaction).

Location: City of Sunrise Civic Center Pool, 10610 West Oakland Park Blvd, Sunrise, FL 33351

Referee: Ed Henderson

Information: Dave Wathen, 954-747-4635, coachsun1@aol.com

| Event # | Event |
|------------------------------------|------------------|
| 1-2 | 50 Free |
| 3-4 | 100 Free |
| 5-6 | 200 Free |
| 7-8 | 500 Free |
| 9-10 | 800/1500 Free |
| 11-12 | 50 Back |
| 13-14 | 100 Back |
| 15-16 | 200 Back |
| 17-18 | 50 Breast |
| 19-20 | 100 Breast |
| 21-22 | 200 Breast |
| 23-24 | 50 Fly |
| 25-26 | 100 Fly |
| 27-28 | 200 Fly |
| 29-30 | 200 IM |
| 31-32 | 400 IM |
| 33-34 | 200 Free Relay |
| 35-36 | 400 Free Relay |
| 37-38 | 800 Free Relay |
| 39-40 | 200 Medley Relay |
| 41-42 | 400 Medley Relay |
| 5-10 Minute Break as needed | |

The order of events will be run through twice a day on Saturday and Sunday. All swimmers who are in the Developmental Meet may not swim more than a total of 3 events per day. Swimmers not in the Meet may swim a total of 3 events per day.